

October 15-16, 2025
2025 WSADCP Therapeutic Court Conference
Workshop Summaries and Presenter Bios

Welcome and Opening Remarks:

Jon Tunheim, Master of Ceremonies, Past President of Washington State Association of Drug Court Professionals (WSADCP) and Washington Associations of Drug Courts (WADC), Thurston County Elected Prosecutor

Presenter:

Jon Tunheim has served as the elected Prosecuting Attorney for Thurston County, Washington, since 2011. Before his election, he spent 20 years as a Deputy Prosecutor, handling a broad range of felony cases, with a particular focus on sexual assault, domestic violence, and crimes against children.

A respected voice in the criminal justice community, Jon is recognized across Washington State as a leading advocate for treatment courts. He served for many years on the board of the Washington State Association of Drug Court Professionals, including four years as President. He also co-chaired a statewide criminal justice opioid workgroup, helping to shape Washington's response to the opioid crisis.

Jon's deep commitment to victims of crime led him to discover *Hope Theory* at a national domestic violence conference. Inspired by its powerful relevance to those affected by trauma, he began exploring how this science could be applied to criminal justice, leadership, and organizational culture. This work culminated in the creation of his own leadership model, *Hope Inspired Leadership*.

Today, Jon is a sought-after speaker on Hope Theory, presenting at local, state, and national forums. He believes hope is a critical element in the recovery process and has integrated Hope Theory into the Thurston County Drug Court. As part of that initiative, he designed a "Hope Coin" to honor each treatment court graduate—a lasting symbol of achievement, resilience, and the power of hope.

Session 1: Keynote

The Power of Recovery and Employment: Stories, Support, and Strategy

Presenter: Ty Reed, Founder of Recovery Career Services

Ty Reed is a speaker, author, and recovery and employment coach committed to empowering people overcoming addiction and justice involvement. After battling addiction, homelessness, and incarceration, Ty transformed his life in 2016 by embracing recovery and meaningful work. Today, as the Reentry Manager for Washington State's Employment Security Department and founder of Recovery Career Services, he helps others navigate similar paths. Ty wrote Second Chance Hiring, guiding employers to hire justice-impacted individuals confidently. Known for his relatable humor, straight talk, and practical advice, Ty inspires audiences nationwide to create real change for people ready for their second chance.

Link to Ty Reed's website: <https://www.recoveryandwork.org/>

Session 2: Professional Self-Care and Compassion Fatigue

Research has suggested that licensed and certified addiction counselors have the highest rate of ethics violations, compared to other human service disciplines, such as social workers, psychologists, marriage and family therapists, and professional counselors. This presentation identifies some of the unique challenges that addiction counselors face in providing ethical care, as well as ethical dilemmas that are common in treatment court practice. Some of the most common ethics violations for all human service professionals are for egregious acts, such as sexual exploitation. Therefore, this presentation explores the taboo areas of ethics, such as sexual attraction within the counseling relationship, unavoidable (non-sexual) dual relationships, and professional impairment. Additionally, the risk and protective factors associated with ethics violations are identified and suggestions are provided on how to reduce ethical malpractice. This presentation has a strong clinical focus for those who treat substance use and mental health disorders, but implications for all treatment court professionals, such as judges and probation officers, are discussed.

Learning Objectives:

1. Identify which human service profession has the highest rate of ethics violations.
2. Explore the personal and professional factors that contribute to poor self-care and compassion fatigue, potentially resulting in harmful ethics violations.
3. Offer recommendations on how treatment court professionals can create a culture that promotes self-care and ethical practice.

Presenter:

Meghan Geiss is a neuropsychologist at the Polytrauma Rehabilitation Center, an acute rehabilitation inpatient unit for veterans and active-duty service members presenting with acquired traumatic brain injury (TBI) and other neurological illnesses at the Hunter Holmes McGuire VA Medical Center in Richmond, Virginia. She received a master's degree in rehabilitation counseling at the University at Albany, State University of New York, and earned her Ph.D. in counseling psychology at the University of Memphis. She completed her clinical internship at the Malcolm Randall VA Medical Center in Gainesville, Florida, where she worked with veterans in polytrauma settings. She has concentrated her clinical and research efforts on acute and post-acute rehabilitation issues among U.S. veterans with a history of TBI, including sleep behaviors. Ms. Geiss is a member of the American Psychological Association Divisions 40 (Society of Clinical Neuropsychology) and 22 (Society of Rehabilitation Psychology), the American Congress of Rehabilitation Medicine, and the National Academy of Neuropsychology.

Session 3: Criminogenic Thinking

Criminogenic Thinking is patterns and ways of processing situations and life circumstances that lead to antisocial behaviors, destructive behavior and criminal activities. It is a way of thinking that embraces criminal consequences. There are many factors that play a role in normalizing these behavioral patterns including environment, peers, socio-economic status, unhealthy family dynamics, employment challenges, and even level of education. CBT (Cognitive Behavioral Therapy) interventions help to identify these issues and shape how you receive, process, and respond to your life circumstances. This training is designed to equip any treatment court professional with practical tools to effectively identify and address criminogenic thinking and enhance treatment outcomes.

Learning Objectives:

1. Identify what criminogenic thinking is and how it impacts individuals.
2. Identify some of the challenges of addressing criminogenic thinking.
3. Discuss interventions that address

Presenter:

Shane Wolf is the director of e-learning at All Rise, responsible for overseeing the All Rise E-Learning Center and coordinating the development of online training materials and tools for the field. He trains treatment court teams on the Adult Treatment Court Best Practice Standards. Shane began his journey with All Rise in 2016 as a project director at Impaired Driving Solutions. With a strong passion for treatment courts, he brings 20 years of experience in treatment, juvenile, and adult supervision. He previously worked as

the court coordinator in Clark County, Washington, where he managed the DWI/drug hybrid, veterans, and mental health courts. Shane is adept at fulfilling various roles, implementing new programs for first-time juvenile offenders, exploring detention alternatives, and teaching programs like Thinking 4 Change (T4C) and Aggression Replacement Training (ART). His expertise in program development and implementation motivated him to earn a master's degree focused on evaluating programs and integrating technology into curricula. Shane has also served as an adult probation officer and a juvenile probation officer/guardian ad litem in Washington. He holds an M.S. in instructional design.

Session: 4: Connection in the Court: Understanding the Roles and Interplay of Judge, Supervision, and Treatment

Three minutes with the judge. Therapeutic alliance. 16 minutes with probation. As treatment court practitioners, we understand the importance of participant relationships in breaking down barriers that often obstruct the path to treatment court success and recovery. Three team members often have the greatest amount of interaction with participants: the judge, the probation officer, and the treatment provider. It is important for these team members to understand their roles, the roles of the other team members in this triangle, and how they interplay with one another. This session will focus on these roles, their interplay, and how they support one another, including communication, trust, and expectations.

Learning Objectives:

1. Participants will identify the roles of the judge, supervision, and treatment and how the importance of supporting each other's expertise.
2. Participants will recognize the factors leading to effective communication including the necessary information each role needs and the limitations on providing information.
3. Participants will identify how these roles support one another to avoid triangulation and support treatment court participants in their recovery journey.

Presenter:

James (Jim) Eberspacher is the director of Impaired Driving Solutions, a division of All Rise providing training and technical assistance to treatment courts that serve individuals with impaired driving offenses. He has more than two decades of cumulative experience in treatment courts, corrections, policy development, and training/technical assistance. In his current role, he is responsible for the overall daily operations, training, curriculum development, outreach, promoting the expansion of impaired driving treatment courts, and providing solutions to communities to eliminate impaired driving. Prior to joining Impaired Driving Solutions, for seven years, he served as the Minnesota state treatment court coordinator and provided oversight in forming treatment court policy and strategic

planning, state standards, funding, research, and delivery of training and technical assistance to treatment court teams. Prior to his role at the state level, he served as the coordinator for three treatment court teams in rural Minnesota and worked as a probation officer. Overall, Jim has over two decades of experience in treatment courts, policy development, and training/technical assistance.

Session 5: Motivational Interviewing Refresher: Delivering Effective Affirmations in Therapeutic Courts

The session will briefly review foundational concepts in Motivational Interviewing. Participants will consider communication styles and the intention they bring into change conversations (i.e., compliance or behavior change). Drawing from the recently published 4th Edition, participants will learn about the growing evidence for affirmations and practice writing effective simple and complex reflections that are specific, genuine, and meaningful, for participants in their programs. The session will guide participants in thinking about how the team can use the staffing to prepare for the therapeutic court process.

Participants will be able to:

1. Describe how the relational and strategic components of MI work together to guide people toward change.
2. Distinguish between change talk and sustain talk.
3. Write genuine, specific, and accurate affirmations.
4. Discuss how the staffing prepares the team for the therapeutic court process.

Presenters:

Jennifer G. Wyatt, LMHC, MAC, SUDP has extensive clinical experience implementing evidence-based practices with youth and adults in outpatient, residential, and secure settings. She provides training and clinical consultation for practitioners delivering Motivational Interviewing (MI); Cognitive Behavioral Therapy (CBT); and Screening, Brief Intervention, and Referral to Treatment (SBIRT). Ms. Wyatt works for the King County Behavioral Health and Recovery Division in Seattle, WA where she leads SBIRT and recovery high school initiatives. She has been a member of the Motivational Interviewing Network of Trainers (MINT) since 2012. She co-authored a clinical intervention manual for treating adolescents with co-occurring mental health and substance use disorders. Ms. Wyatt was lead author on two technical assistance bulletins about Motivational Interviewing in Juvenile Drug Treatment Courts and Veterans Treatment Courts.

Margaret Soukup, MA is the Youth, Family and Prevention Manager which oversees the continuum of behavioral health recovery, treatment, early intervention, prevention, and promotion for the King County Behavioral Health and Recovery Division (BHRD). She has provided Motivational Interviewing training, coaching and technical assistance within many capacities which include: 1) supporting practitioners implementing a school-based SBIRT initiative in over 60 middle and high schools; 2) training behavioral health clinicians as the Science to Service and Workforce Development Manager; and 3) providing coaching and training to therapeutic court teams across the county including co-authoring two technical assistance publications about Motivational Interviewing in Juvenile Drug Treatment Courts and Veterans Treatment Court. Margaret has been a member of the Motivational Interviewing Network of Trainers (MINT) since 2012.

Session 6: Tackling Sleep Hygiene in Justice-Involved Individuals

Insomnia is a symptom of almost every significant mental health problem found in veterans treatment courts, including substance use disorders, PTSD, depression, and chronic pain. Nonetheless, it often goes unaddressed until later in treatment, even though treating insomnia would improve every one of those diagnostic problems. This plenary will address the links between insomnia and other mental health disorders.

Learning Objectives:

1. Recognize common signs and reported symptoms commonly associated with sleep deprivation/insomnia
2. Identify how symptomology can mimic other common psychiatric disorders.
3. Describe a systematic approach to sleep hygiene that can dramatically improve sleep and decrease insomnia by 30-50 percent.

Presenter:

Meghan Geiss is a neuropsychologist at the Polytrauma Rehabilitation Center, an acute rehabilitation inpatient unit for veterans and active-duty service members presenting with acquired traumatic brain injury (TBI) and other neurological illnesses at the Hunter Holmes McGuire VA Medical Center in Richmond, Virginia. She received a master's degree in rehabilitation counseling at the University at Albany, State University of New York, and earned her Ph.D. in counseling psychology at the University of Memphis. She completed her clinical internship at the Malcolm Randall VA Medical Center in Gainesville, Florida, where she worked with veterans in polytrauma settings. She has concentrated her clinical and research efforts on acute and post-acute rehabilitation issues among U.S. veterans with a history of TBI, including sleep behaviors. Ms. Geiss is a member of the American Psychological Association Divisions 40 (Society of Clinical Neuropsychology) and 22 (Society of Rehabilitation Psychology), the American Congress of Rehabilitation Medicine, and the National Academy of Neuropsychology.

Session 7: Using Data Effectively to Answer Questions & Market Your Program to Stakeholders

Attendees will gain the knowledge and skills necessary to answer common questions from funders, community stakeholders, media, and/or the public about program operations and the achievement of program outcomes and goals using data. Attendees will also learn how to visualize quantitative data related to the Key Performance Indicators (KPIs) outlined in the *Adult Treatment Court Best Practice Standards* and how qualitative data can be useful to provide a full picture of the program's impact.

Learning Objectives:

1. Increase knowledge regarding data collection for treatment court programs.
2. Increase knowledge regarding the data needed to answer common questions about treatment court programs.
3. Increase knowledge regarding how to visually present data (quantitative and qualitative) to various stakeholder groups.

Presenters:

Dr. Christina Lanier, Co-Director of the National Drug Court Resource Center and Professor of Sociology and Criminology at the University of North Carolina Wilmington, brings nearly two decades of experience in applied research, program evaluation, and grant management. She holds a Ph.D. in Sociology from the University of Delaware and has published extensively in peer-reviewed journals such as *Federal Probation*, *The Journal of Drug Issues*, and *Substance Use and Misuse*.

Dr. Lanier has a proven track record of securing and managing competitive grant funding, having successfully obtained over \$20 million from federal, state, and local agencies. Her work focuses on evaluating specialty courts, reentry programs, and statewide criminal justice initiatives, with recent projects spanning North Carolina and Michigan. She is currently engaged in multiple evaluations that directly inform policy and practice in the justice system.

Her commitment to bridging academic research with real-world application ensures that funded projects are both evidence-based and impactful. Dr. Lanier's expertise in program evaluation, data analysis, and stakeholder collaboration positions her as a valuable asset for initiatives aimed at advancing justice reform and improving outcomes for system-involved populations.

Kristen E. DeVall is a professor of sociology and criminology at the University of North Carolina Wilmington and the co-director of the National Treatment Court Resource Center. She received her PhD in sociology from Western Michigan University and has conducted

evaluations of numerous treatment court programs and other criminal justice initiatives in various states for over 20 years. Recent publications have appeared in *Crime & Delinquency*, *Federal Probation*, *Sociological Imagination*, *The Journal of Drug Issues*, *The Prison Journal*, *International Journal of Offender Therapy and Comparative Criminology*, and *Substance Use and Misuse*. Dr. DeVall has also garnered over \$22.5 million in grant funding from BJA, OJJDP, SAMHSA, as well as state and local entities to support various treatment courts & other criminal justice programs. In addition, she worked as a case manager for a community corrections program. Providing direct services to justice-involved individuals allowed her to see firsthand how the system operates and identify opportunities for system-level and policy change. Overall, her work seeks to bridge the gap between academia and practitioners, as well as influence the development of evidence-based policies and practices.

Session 8: Risk Need Assessments Versus Clinical Assessments

You've heard and read that treatment courts are most effective with high-risk/high-need participants. With that said, many obstacles can impact our ability to get a client into treatment court. One reason may be ineffective screening and assessment processes. For a treatment court program to effectively identify and help treat a participant, to know that the participant meets the program criteria, and to know that the treatment selected worked (or is working), it must first engage in a risk assessment and a clinical assessment of the client. Risk assessments inform decisions throughout the criminal justice process; clinical assessments inform treatment decisions throughout the treatment continuum. This session explores the differences in criminogenic risk screening and assessment tools and the need for comprehensive clinical evaluations.

Learning Objectives:

1. Clarify the differences between risk assessments and clinical assessments, including their respective purposes and applications within the treatment court context.
2. Address common obstacles in screening and assessment processes to ensure accurate and comprehensive evaluations.
3. Demonstrate how mutually reinforcing aspects of risk and clinical assessments can be used to inform treatment planning.

Presenter:

Shane Wolf is the director of e-learning at All Rise, responsible for overseeing the All Rise E-Learning Center and coordinating the development of online training materials and tools for the field. He trains treatment court teams on the Adult Treatment Court Best Practice Standards. Shane began his journey with All Rise in 2016 as a project director at Impaired Driving Solutions. With a strong passion for treatment courts, he brings 20 years of experience in treatment, juvenile, and adult supervision. He previously worked as the court coordinator in Clark County, Washington, where he managed the DWI/drug hybrid, veterans, and mental health courts. Shane

is adept at fulfilling various roles, implementing new programs for first-time juvenile offenders, exploring detention alternatives, and teaching programs like Thinking 4 Change (T4C) and Aggression Replacement Training (ART). His expertise in program development and implementation motivated him to earn a master's degree focused on evaluating programs and integrating technology into curricula. Shane has also served as an adult probation officer and a juvenile probation officer/guardian ad litem in Washington. He holds an M.S. in instructional design from Quinnipiac University and a B.A. in psychology from Eastern Washington University.

Session 9: Procedural Justice in Therapeutic Courts: Key Compliance and Positive Outcomes

To illuminate how the law and the legal procedures used in a therapeutic court can be strengthened by employing the principles of therapeutic jurisprudence and procedural justice and to specify ways that judges and attorneys, as well as other therapeutic court team members, can incorporate these principles and practices in their interactions with the participants in such courts.

The five key principles of procedural justice are evidence-based practices that have demonstrated increased compliance with the expectations of persons in authority, such as police officers, judges, probation officers, correctional officers, and even workplace supervisors. A considerable body of research has shown positive outcomes related to adherence to court orders and expectations, greater cooperation, enhanced compliance, and reduced recidivism. These principles are integral to the legal theoretical framework referred to as therapeutic jurisprudence.

The principles also overlap significantly with trauma informed practices, a key consideration in therapeutic court operations. The five key principles of procedural justice (also called procedural fairness) are:

1. Respectful treatment (respecting their dignity)
2. Voice (their side of the story)
3. Transparency and understanding
4. Neutral decision (without bias)
5. Trust (trustworthiness - demonstrating caring, helpfulness, and fairness)

These key principles will be clearly identified and this presentation will also include findings of a recent research study in Idaho drug courts relating to the use of procedural justice. The presentation will detail ways of implementing procedural justice within therapeutic courts. Fortunately, these principles are not costly to budgets, do not require extensive training, and can improve the outcomes of those managed in the system, as well as enhance job satisfaction.

At the end of the presentation there will be a brief description of a planned study that will invite Washington therapeutic court judges to participate, by sharing their experiences in their therapeutic courts.

Presenter:

Norma Jaeger spent more than thirty years managing and evaluating addiction and mental health programs in North Idaho, Portland Oregon, and Seattle Washington. She developed addiction and mental health programs for pregnant and postpartum women, children's mental health programs, and several programs for individuals in the criminal justice system. She was the Program Manager for offender programming at the Idaho Department of Correction for one year, during the statewide adoption of offender criminogenic risk assessment, leaving to become the Statewide Coordinator for Idaho's 70 Drug, Mental Health, and Veterans' Treatment Courts, as well as providing consultation to drug, veterans' and DUI treatment courts, and presentations to related conferences, throughout the country.

She served two terms on the Board of Directors of the National Association of Drug Court Professionals and received the Stanley M. Goldstein Hall of Fame Award from that association in 2018. She taught for fifteen years at Boise State University in the Department of Criminal Justice and currently serves as Executive Director for Recovery Idaho, a statewide recovery community organization. She holds a Masters' Degree in Health Administration and recently graduated with a Ph.D. in Public Policy and Administration from Boise State University, focusing research on drug treatment courts and their use of therapeutic jurisprudence and procedural justice practices. Her veteran-focused work included facilitating the development of Idaho's first eight veterans' courts and training veteran court teams around the country. She was a founding leader in *Joining Forces for Treasure Valley Veterans*, a veterans' resources networking organization, now expanding statewide in Idaho. She initiated an on-line women veteran's therapeutic writing group and served as Executive Producer for *I Married the War*, a documentary film illuminating the stories of wives and families of combat veterans over many combat theaters.

Session 10: The Power of Peers: Incorporating Peer Support into Therapeutic Courts

This presentation will explore the transformative power of peer support and its integration into therapeutic courts. We will discuss the fundamental principles of peer support, the implementation and outcomes observed in King County Drug Court, and the overall scope of work involved. Highlighting the All Rise Peer Support Practice Guidelines, we will examine effective methods for embedding peer support into treatment court systems. Additionally, the presentation will cover the roles and benefits of peer recovery specialists, emphasizing the positive impact of peer support on participant engagement and recovery outcomes. Attendees will gain valuable

insights and practical strategies for incorporating peer support into their treatment court programs. By the end of the session, attendees should have a comprehensive understanding of how peer support can be a powerful tool in enhancing the effectiveness of therapeutic courts and supporting individuals on their journey to recovery.

Learning Objectives:

1. Educate attendees on the fundamental principles of peer support in therapeutic courts.
2. Share practical strategies and best practices for integrating peer support into existing treatment court programs.
3. Provide real-world examples and evidence-based research to support the effectiveness of peer support.
4. Equip attendees with the knowledge and tools needed to advocate for and implement peer support initiatives within their own therapeutic courts.

Presenters:

Marjorie Drieu, Program Manager at Peer Community, a division of Peer Washington, oversees Peer Specialists placed within King County Drug Diversion Court, Renton, Federal Way, and Des Moines Municipal Courts. She has been in recovery since May 7, 2019, and during this time, Marjorie has discovered her passion as a mother, daughter, sister, and peer. As a graduate of the King County Drug Diversion Court, she dedicates herself to supporting others in navigating their justice involvement and recovery journey, drawing from her own lived experiences.

Lizzy DesChane, serves as the Treatment Coordinator for King County Adult Drug Diversion Court (KCDDC). She holds dual degrees—a BS in Public Health and a BA in Medical Anthropology and Global Health from the University of Washington. With over ten years of dedicated experience, Lizzy has focused on assisting individuals with substance use disorder and criminal legal involvement. Her professional background includes roles as a Drug Court Case Manager and as a Resource Specialist at Therapeutic Health Services.

Session 11: Opt In: Interrupting Racism in Washington State Courts

OPT IN: INTERRUPTING RACISM

The Opt In series is a highly engaging set of training sessions that utilizes large group sharing and small group breakout conversations while creating mechanisms for deep self-reflection and continued growth and development. This series provides an initial entry point

for anti-racism work so that participants may begin to see the ways in which racism infects our minds, bodies, relationships, and workplaces. Opt In is a foundational beginning for anti-racism work.

THE ENGAGE TO CHANGE MISSION

The mission of Engage to Change is to help individuals, organizations and communities engage in the necessary anti-racist and anti-oppression education, restructuring, and action that creates healthy transformations. We work towards this change by focusing on the following eight principles:

1. Intersectionality

We use a trauma-informed and intersectional approach throughout all communications, coaching, trainings, and facilitations, always adhering to anti-racist and anti-oppression practices. We rely on generative knowledge principles to drive organizational change and highlight individual positionality.

2. Community and Relationship

We create community and connections within a partnered organization to amplify the voices of people with marginalized identities while de-centering dominant culture and seeking to uncover the existing expertise and wisdom within the partnership organization.

3. Accountability

We demonstrate the ways in which creating individual and organizational accountability leads to healthy and desired outcomes and create common language and shared anti-racism tools so that partner organizations can continue growth and development in the long-term trajectory post-partnership. 1

4. Humility and Vulnerability

We respond and adapt to emergent organizational needs with agility and flexibility while remaining unafraid to demonstrate and model vulnerability and humility.

5. Lived Experience

We use strength-based techniques to avoid overburdening Black, Indigenous, and People of Color (“BIPOC”), to reject scarcity thinking, and to prevent burnout. We draw from the diversity of human experiences and communities within the partnered organization.

6. History

We help our partners understand the ways in which history has created the current individual, interpersonal, systemic and institutional forms of racism, white supremacy, transphobia, ableism, classism, xenophobia, homophobia, and sexism.

7. Power

We help folks and organizations examine the role of power in its shaping of individual thought, relationships, and organizational structures.

8. Adaptability and Creativity

We thoughtfully familiarize ourselves with the partnered organization to tailor unique trainings and organizational development strategies.

Our workshops are highly engaging; requiring interaction, reflection and small group work. They are not passive—in fact, at its core, anti-oppression requires action. We use a combination of humor, real-life personal stories to make the topics more approachable, and a wide-variety of ways of learning and interacting to make sure everyone can connect with the workshops. We have legal, educational and social work professional backgrounds and understand the importance of using a combination of learning styles to be most effective.

We build each of our sessions to meet the specific needs and conditions of the organization we are working with. We sit down with any interested staff or managers ahead of time to help us get a better sense of the organization and its needs. Any information we can get about the organization and its needs ahead of time helps us to develop the sessions.

Advancing equity within organizations is not just an interpersonal effort but also a structural and organizational effort. We will specifically tailor our workshops for your organization and address both the interpersonal and systemic ways in which racism, transphobia, homophobia and other exclusionary practices may appear within the organization and scope of everyday work. Our tools help give everyone within the workshops a shared set of vocabulary and action steps that they can use within the workplace. 2

LEARNING OBJECTIVES

The Opt In series is typically a multi-part training, involving 16-20 hours of content uniquely designed for the participating individuals, where the content of each session builds upon the last. For WSADCP, the ETC team will be providing a single session that introduces and condenses many of the topics we'd usually cover in a multi-part series. Below, you will find a list of topics typically covered throughout Opt In. Please keep in mind that ETC trainers adjust the content of each session to meet the needs of the participant group in real time. At times, certain subjects may resonate more with the group than others, and some topics may ignite deeper conversations

than can be anticipated in advance. As such, the information presented below is subject to change, though this overview should provide ample information to understand what sort of content we will cover together.

- Introductions Level Setting - Foundations for sharing space together, Why Bother?, Edges of Learning, and positionality
- Key Concepts I - Anti-racist vs non-racist vs racist & the presence of anti-Blackness, intent vs impact, and understanding internalized supremacy and entitlement
- Key Concepts II - Invisibl(ized) labor, de-centering whiteness, centering voices of color, welcoming mistakes, and individual accountability
- Power and Connections to Structures - Understanding the importance of understanding power and access to power, unpacking intersections of marginalization and power, connecting to cumulative and building nature of white supremacy, and how to dismantle it
- White Dominant Culture - Understanding, unpacking, and developing antidotes to: either/or thinking, senses of urgency, “objectivity”, fear of open conflict, right to comfort, defensiveness, worship of the written word, and individualism
- Healthy Conflict - Understanding the ways in which shame, internal narratives, and a lack of trust show up in relationships and organizations + learning tools for how to be in a productive and healthy relationship, including conflict, with ourselves and each other.
- Resistance and Accountability - Responding to expected resistance, individual resistance indicators, personal accountability, and tools to address institutional resistance; what does organizational accountability look like?; shame as a barrier
- Interrupting Racism Practice - Hands on practice with tools, tips, and strategies for interrupting racism
- Responding to Trauma - How do our traumas interfere with anti-racism and anti-oppression work? How do we recognize when we're in a trauma response? What are the Ethics of Care and how do we apply them to this work?

With this information in mind, please let us know if you have any additional questions or need any additional information. When you are ready to schedule your training sessions, please reach out to Hank Lemley (he/they), Director of Operations, via email at hank@engagetochange.net. 3

Presenters:

Rakeem Washington, J.D. (he/him/his)

Co-Owner and Facilitator, Engage to Change

Rakeem Washington is a Portland native, attorney, educator, and equity facilitator committed to building strong communities. After earning his law degree from Lewis & Clark, he worked as a staff attorney with the Juvenile Rights Project and directed the Opening Doors Project at Portland Community College. He teaches a course on race, class, gender, and social justice through Portland State University and presents nationally on equity and justice. Rakeem helps communities navigate moments of discomfort, fostering growth, understanding, and coalition-building through action and authentic connection.

Kasia Rutledge, J.D. (she/her/hers)

Co-Owner and Facilitator, Engage to Change

Kasia Rutledge is an anti-racism trainer and former public defender with nearly two decades of experience advancing equity and justice. She develops holistic, equity-based training programs and teaches a course on race, oppression, and activism through Portland State University. Kasia has facilitated hundreds of workshops nationwide and serves on multiple nonprofit boards. She uses humility, accountability, and compassion to help communities engage in meaningful anti-racism work, centering the voices of those most impacted while guiding others through growth, reflection, and action.

Session 12: Cross System Collaboration Tools: Introducing the Sequential Intercept Model

Therapeutic courts do not operate in isolation—yet too often, the systems surrounding them function in silos. The Sequential Intercept Model (SIM) provides a practical framework for mapping how individuals move through the justice system and identifying opportunities for earlier, more effective interventions. In this interactive session, attendees will be introduced to the SIM as a tool for strengthening collaboration between courts and community partners, ensuring that resources are used wisely and programs achieve meaningful outcomes. Presented by a Judge and SIM Facilitator, this session will offer a real-life example of how SIM was used to grow a coordinated care network. Their experience demonstrates how even small or rural communities can align and leverage existing resources to their maximum benefit. Participants will also begin developing a preliminary SIM Map tailored to their own jurisdictions, highlighting immediate opportunities for improvement and laying the groundwork for long-term change.

Learning Objectives:

1. Introduce attendees to the Sequential Intercept Model as a tool to increase court collaboration with community partners
2. Demonstrate how collaboration with other intercepts can lead to effective utilization of court resources and positive program outcomes.
3. Guide attendees to develop a preliminary SIM Map of their own jurisdictions to identify immediate action steps for improvement.

Presenters:

Judge Carolyn Jewett-Platts has served in San Juan County District Court since 2019. Born and raised in Washington State, she received her J.D. from University of Washington, but remains loyal to her undergrad alma mater, Washington State University. She practiced criminal law as a deputy prosecuting attorney prior to taking the bench. As the sole District Court judge in San Juan County, she has had the opportunity to serve on the Board of Governors for the District and Municipal Court Judges' Association and she is currently co-chair of the DMCJA's Legislative Committee. She and her husband live in beautiful Friday Harbor on San Juan Island and they are expecting their first child in late December.

Alexandra (Alex) Donnici works for the Washington State Administrative Office of the Courts as a Court Program Specialist on the Equity and Access Team, and the Behavioral Health Program. Her work focuses on community mapping projects, restorative justice, and implementation support. She is a certified Sequential Intercept Model Facilitator. She received her undergraduate degrees from Washington state University (Go Cougs!) and her Master of Legal Studies from the James E. Rogers College of Law at the University of Arizona. When not working, she enjoys traveling the world with her husband, playing board games, and reading.

Session 13: Acquired Brain Injury (ABI) and the Justice-Involved Individuals

This plenary will cover the epidemiology of ABI and the clinical and psychosocial characteristics of justice-involved individuals with ABI. The presenter will describe the VA's Polytrauma System of Care and the collaborative efforts of the DoD and VA to identify, assess and treat ABI survivors, as well as the research and clinical and care coordination initiatives to provide lifelong care and support for this population.

Learning Objectives:

1. Recognize ABI diagnoses and management
1. Review the VA ABI/Polytrauma System of Care
2. Identify cognitive effects of ABI and symptoms that overlap with other mental health issues.

Presenter:

Meghan Geiss is a neuropsychologist at the Polytrauma Rehabilitation Center, an acute rehabilitation inpatient unit for veterans and active-duty service members presenting with acquired traumatic brain injury (TBI) and other neurological illnesses at the Hunter Holmes McGuire VA Medical Center in Richmond, Virginia. She received a master's degree in rehabilitation counseling at the University at Albany, State University of New York, and earned her Ph.D. in counseling psychology at the University of Memphis. She completed her

clinical internship at the Malcolm Randall VA Medical Center in Gainesville, Florida, where she worked with veterans in polytrauma settings. She has concentrated her clinical and research efforts on acute and post-acute rehabilitation issues among U.S. veterans with a history of TBI, including sleep behaviors. Ms. Geiss is a member of the American Psychological Association Divisions 40 (Society of Clinical Neuropsychology) and 22 (Society of Rehabilitation Psychology), the American Congress of Rehabilitation Medicine, and the National Academy of Neuropsychology.

Session 14: Recovery Capital Implementation and Use in a Therapeutic Court Setting

The session will briefly review foundational concepts of Recovery Capital. Participants will consider the Court's role in a recovery-oriented system of care. Drawing from the ongoing pilot study conducted by Recovery Outcomes Institute and All Rise, the leading experts in improving justice system responses to substance use and mental health disorders, participants will learn about the benefits Snohomish County Adult Recovery Court is seeing from utilizing recovery capital and the strategies it used to integrate and implement recovery capital into its program, including incentivization, therapeutic responses, and stage requirements. The session will guide participants in thinking about how recovery is a complete system of care that requires resources and a community-focused approach.

Participants will be able to:

1. Distinguish between Human/Financial, Social, and Community Recovery Capital.
2. Describe the need for community resources to address barriers to recovery, especially unrelated to traditional SUD treatment.
3. Describe how Recovery Capital fits within the therapeutic court model and best practices.
4. Identify ways to incorporate Recovery Capital into their specific program.

Presenters:

E.V. Velez, MSW, LSWAIC, SUDP has over 7 years of experience in behavioral health, including peer roles and as a counselor. They now serve as the Snohomish County Therapeutic Court's Recovery Support Coordinator. They bring over a decade of lived experience with substance use, income and housing insecurity, and justice involvement, bringing personal insights and a passion to see systemic changes. They work as a consultant/ally for the Washington State Therapeutic Court Alumni Association, the Executive Director and Founder of the Snohomish County Recovery Coalition, and the Snohomish County Regional Advisor of the Washington Recovery Alliance. E.V. holds a Master of Social Work degree from the University of Washington. With significant support from the Court and his colleagues, they have led Snohomish County Therapeutic Court's Recovery Capital Pilot Program rollout and development for the last three years.

In their free time, they like shopping at Trader Joe's and giving dad vibes.

Skyler Willian, MA is a Court Coordinator in Snohomish County and has spent the past seven years working in various roles within the justice system. She holds a Bachelor of Science in Justice Studies and a Master of Arts in Behavioral Health, with a focus on Addiction. Skyler is deeply passionate about the connection between behavioral health and the justice system, and she brings a compassionate, person-centered approach to her work. Her experience includes case coordination, supporting individuals in crisis, and helping to bridge gaps between systems. Skyler believes in the power of recovery, resilience, and second chances—and is committed to creating more supportive and effective pathways for those justice-involved. Skyler was actively involved in shaping the policy and proceduralizing the recovery capital pilot program in Snohomish County.

Session 15: Therapeutic Court Coordinator's Meeting: 10 Key Components

This session is for court Coordinators, Managers, and Case Managers from all types of Therapeutic Courts. Join us for an engaging session on the 10 Key Components of Therapeutic Courts where we will explore each component while examining their critical role in building and sustaining effective programs. The session also included discussion on how these components apply to different types of therapeutic courts, allowing attendees to share perspectives, exchange strategies, and identify ways to strengthen outcomes across diverse court models.

Discussion Lead by:

Adam Pithan, State Therapeutic Courts Lead, Administrative Office of the Courts

Session 16: Reuniting Families in Family Treatment Court-Centering Decisions on Safety

Participants will learn the steps and nuances of reuniting families using the American Bar Association Safety Framework, within the context of WA law. We will discuss the value and need for clear and concise conditions for return home with fluid benchmarks that are client driven. Participants will leave understanding the difference between case planning and safety planning and will be able to utilize effective strategies of monitoring progress, compliance and safety. They will gain skills to expedite permanency while decreasing the harms of family separation.

Learning Objectives:

1. Understand why it's important to center decisions around safety
2. Be able to establish conditions for return home and set benchmarks of change to fulfill those conditions.
3. Build strategies to monitor progress and reassess safety through the life of the case.
4. Understand the difference and interaction between case planning and safety planning.
5. Understand the difference between Conditions for Return and Conditions for Dismissal

Presenters:

Jacob D'Annunzio is the Training Coordinator at the Washington State Office of Public Defense Parent Representation Program. Jacob began his career as a public defender at the Skagit County Public Defender, where besides working with juvenile and dependency cases, he was involved in creating the Family Treatment Court, working towards increasing visitation available for families, and working toward a foster mentor program. Jacob serves on the Children, Youth, and Family Services Advisory Committee, Washington State's Citizen Review Panel, and various other committees where he works towards improving the state's child welfare system.

Tarassa Froberg is the current Dependency Training Specialist for the Administrative Office of the Court's Family & Youth Justice Programs (FYJP). She has extensive experience working in child welfare. She worked at the Department of Children Youth and Families for 27 years prior to working at AOC. This included 19 years at a local office working directly with families and as a supervisor. She has worked as the statewide program manager for Child and Family Welfare Services, Family Voluntary Services, CPS-Investigation and CPS-FAR. In addition, she has managed the Child Abuse Prevention and Treatment Act and the Children's Justice Act Grant, facilitated Citizen Review Panels, written federal reports, analyzed legislation, managed program improvement plans, trained system partners and much more. Tarassa holds a bachelor's degree in psychology from Washington State University and a master's degree in social work from the University of Washington. She is passionate about maintaining the safety and wellbeing of children and the preservation of families through system improvement.

Session 17: Washington State Alumni Association Meeting

This time is given as an opportunity for alumni and those with lived experience to meet, share stories, uplift one another, and celebrate the victories along the way. Being able to relate, recognize and discuss the challenges that have shaped our paths into where we are today.

Discussion Lead by:

Session 18: Trends in the Illicit Drug Market

This session will highlight recent trends in the illicit drug supply in Washington state, focusing primarily on the biggest illicit substances of use—fentanyl, methamphetamine, and cocaine—as well as information on less common or emerging substances. The presentation will include information from a variety of sources including drug seizure data, laboratory data, and overdose data to provide a comprehensive picture of the drug market and its effects. Attendees of the session can expect to gain a deeper understanding of the following:

- Features of the most commonly used illicit substances—drug form, variations in purity and composition, and any changes to use and availability.
- Demographic trends observed among the drug using population and any changes to overdose trends.
- An overview of drug trends for the broader region, including Washington drug source states like Oregon and California.

Presenters:

Amanda Dutt is a Public Health Analyst with the CDC Foundation on the Overdose Response Strategy team for Washington state where she focuses on data-sharing and innovative collaborations to address and reduce overdoses. Prior to her current role, Amanda was a Public Health Specialist at Northwest HIDTA after also serving as Prevention Specialist with Nevada HIDTA in her hometown of Las Vegas, Nevada.

During her time with Nevada HIDTA, she assisted in fentanyl awareness and overdose prevention trainings geared towards law enforcement, with an emphasis on stigma reduction among people who use drugs. Amanda has a robust background in community health outreach and has a passion for forging unlikely bridges between traditionally siloed community sectors to address complicated public health and public safety challenges.

Mike Mizer is currently the Drug Intelligence Officer and a member of the Overdose Response Strategy Team at Northwest HIDTA. Prior to taking this position Mr. Mizer retired from federal law enforcement after 31 years of service. Mr. Mizer served most of this time with the Federal Bureau Investigation investigating Violent Crime, Violent Criminal Organizations, and Drug Trafficking in Detroit and Baltimore. Additionally, Mr. Mizer supervised the Maryland Crimes Against Children Task Force for seven years.

Session 19: SUD Crisis Response from the ER to the Streets

In this session, an Emergency Room Physician and Fire Department First Responder will share their insights into working effectively with people in crisis who use opioids and stimulants. Discussion will include practical guidance for responding to overdoses and mental health symptoms that co-occur with substance use and engaging people in crisis. Additional topics will include medications and cutting-edge medical interventions and community responses.

Learning Objectives:

1. Understand best practices for interacting with people with substance use disorder in crisis and interventions available to keep them safe.
2. Learn about common effects of opioids and stimulant use on mental and physical health and available treatments.
3. Highlight lessons learned from local data and case examples.
4. Explore low barriers community models including overdose receiving centers and emergency service co-response systems.

Presenters:

Callan Fockele, MD, MS, is an emergency physician with advanced training in population health research and addiction medicine. She is the Senior Medical Lead for the DESC Opioid Recovery & Care Access (ORCA) Center, which will provide 24/7 care for opioid overdose survivors and low barrier access to medications for opioid use disorder and harm reduction services for walk-in patients. Her community-engaged research focuses on improving outcomes for people who use drugs. She studies how contingency management and the community reinforcement approach can be integrated into permanent supportive housing for residents who use methamphetamine, and she is interested in the impact field-based initiation of buprenorphine on opioid overdose survivors.

Riley De Hoog is a Case Manager with the Seattle Fire Department's Health99 team, a specialized first-response unit focused on opioid overdose intervention. In this role, Riley works on the front lines of the opioid crisis, providing real-time care connections and facilitating access to pre-hospital buprenorphine for individuals experiencing overdose. With a strong commitment to harm reduction and community-based care, Riley collaborates closely with emergency services, medical providers, and community partners to help bridge the gap between acute overdose response and long-term treatment. Drawing on hands-on experience and field-tested strategies, Riley brings valuable insights into best practices for opioid response—particularly in connecting high-risk individuals with immediate, life-saving interventions. Today, Riley shares practical approaches and lessons learned that may inform and strengthen efforts across Washington's drug court systems.

Session 20: Collaboration and Ethics – Defense and Prosecutors Working Together in Treatment Courts

This presentation explores the perspectives and best practices of prosecutors and defense attorneys working together in treatment courts. Unlike traditional criminal courts, treatment courts shift away from adversarial roles and instead require legal professionals to work together in support of behavior change, due process, and public safety. This collaborative model introduces unique ethical challenges, such as balancing advocacy with cooperation, maintaining confidentiality within a multidisciplinary team, and understanding when professional obligations may shift—either to support a participant’s goals or to protect due process.

The discussion will highlight the importance of communication, trust, and role clarity in resolving ethical dilemmas, support participant success, and fostering accountability. Through hypothetical examples, the presentation will demonstrate how collaboration, specialized training, and a strong understanding of one’s professional boundaries contribute to effective outcomes. Ultimately, it will show how legal practitioners in treatment courts can uphold their ethical duties while embracing a shared mission of behavior change and justice.

Learning Objectives:

1. The role of collaboration between prosecutors and defense attorneys in treatment courts and how it differs from traditional adversarial models.
2. Identification of key ethical challenges that arise in collaborative legal settings, including issues of confidentiality, advocacy, and role boundaries.
3. Discussion of hypothetical scenarios to determine when and how professional obligations may shift to support participant goals or protect due process.
4. The importance of communication and trust in resolving ethical dilemmas and promoting fairness within treatment court teams.
5. Application of best practices and the rule of professional conduct for maintaining ethical integrity while working toward shared outcomes in treatment courts.

Presenters:

Heidi Rettinghouse is a Senior Deputy Prosecuting Attorney and Chair of the Collaborative Justice Unit in the King County Prosecuting Attorney’s Office. With over a decades of experience—including 14 of those years as a public defender—she brings a unique perspective to criminal justice reform, specializing in diversion, ethics, and multidisciplinary collaboration.

She has served as the LEAD Prosecutorial Liaison and the designated Retail Crimes Prosecutor, filing and managing a felony trial caseload and presenting trainings across King County. Her prior defense work includes felony and misdemeanor trial work and several years of advocacy within treatment courts.

She is also a national faculty member for All Rise, where she provides technical assistance to treatment courts and is the author of two publications on practice in treatment courts. She also taught as an Adjunct Professor at Seattle University School of Law and regularly presents at conferences on ethics, mental health, and collaborative justice.

Jamie Kvistad is a Senior Deputy Prosecuting Attorney and current Assistant Chief of the Juvenile Division in the King County Prosecuting Attorney's office with over a decade of experience in juvenile justice, behavioral health, and systems reform. A former public defender and longtime youth advocate, she has led trauma-informed initiatives and built strong cross-agency partnerships across King County.

She has played a key role in enhancing collaboration between schools and law enforcement to support youth and community safety by creating new programs like the Safer Schools Strategy and J-Watch. Her prior defense work includes juvenile and misdemeanor trial work and advocacy within treatment courts

She is also a national faculty member for All Rise, where she provides technical assistance to treatment courts and is the author of two publications. Jamie has served as an Adjunct Professor at Seattle University School of Law, where she has taught courses on collaborative court and continues to contribute to national conversations on drug courts and advocacy.

Session 21: Enhancing Relationships Between State Courts and Tribal Healing to Wellness Courts

This session will explore inter-jurisdictional relationships between Tribal and state courts in relation to developing a Tribal Healing to Wellness Court. The session will begin with a brief background on the history of jurisdiction in Indian country then transition to a discussion that explains the role of tribal healing to wellness court team members and how collaboration with state counterparts contributes to an increased understanding amongst justice systems. The conversation will then focus on the value of inter-jurisdictional learning to maximize resources and create opportunities for community members in the region.

Learning Objectives:

1. Navigating interjurisdictional relationships between state and Tribal courts.
2. Best practices for working with American Indian clients who are in and referred from state court settings.
3. Incorporating culture on the state and Tribal level in Tribal Healing to Wellness Courts.

Presenters:

Jacob S. Metoxen (Oneida Nation) is an attorney whose work focuses primarily on criminal justice. He is a former tribal prosecutor, judge, and federal prosecutor, where he handled cases involving domestic violence in Indian country. Jacob also has experience assisting federally recognized tribes with establishing healing to wellness courts - working alongside court personnel to ensure programs are tailored to the community. He is passionate about helping tribes develop dynamic systems that are self-sufficient.

Nicole McGrath, Defense Attorney, Wellness & MAP Courts, Tulalip Tribes

Nicole K. McGrath has practiced law in Washington for over twenty years. She specializes in holistic criminal defense including post-sentencing relief. Representing juveniles and young adults has been a passion of hers over the years. In addition, she has experience in education/special education law.

Her previous legal experience includes running her own law firm and working for civil legal aid offices for children including TeamChild and Legal Counsel for Youth and Children. She has also worked in criminal defense for UW Tribal Public Defense and King County Department of Public Defense – The Defender Association (including the misdemeanor, juvenile, felony, and dependency units). Her community service includes previously serving on the Washington State Partnership Council on Juvenile Justice, the Judicial Institute, the King Co. Bar Association Board of Trustees, including as co-chair of the KCBA Juvenile Justice Reform Task Force, and the Washington State Bar Association Rules Committee. She is also a Past-President of the Latina/o Bar Association of Washington (LBAW). McGrath graduated from St. Mary's College, Notre Dame, IN with a degree in Mass Communications, and earned her juris doctorate from Gonzaga University School of Law. She started as defense counsel for Wellness and MAP courts, Tulalip Tribes in December 2024. Getting to practice law in service to the Tulalip community is deeply rewarding, as Tulalip values restorative justice in the courts and in community. She enjoys writing, baking, and eating goodies that Tulalip clients and staff bring to court like frybread.

Session 22: Comprehensive Case Management in Treatment Courts

Coordinating supervision, clinical treatment, and recovery support services is a unique and hallmark feature of the treatment court model. Regardless of who performs the case management function on your team (i.e., dedicated case manager, probation officer, etc.), understanding the what, why, and how of case management is vital to participant success. This session will provide an overview of the fundamental elements of case management and several tools to facilitate sessions with participants. In addition, specific attention will be given to how the concepts of risk, need, & responsivity can and should be used to inform comprehensive, collaborative case plans.

Learning Objectives:

1. Increase knowledge regarding the role of case management within the treatment court model & participant success.
2. Increase knowledge regarding how concepts of risk, need, & responsivity inform comprehensive, collaborative case plans.

3. Increase knowledge regarding specific strategies & tools for engaging participants in case management sessions.

Presenters:

Dr. Kristen DeVall is a professor of sociology and criminology at the University of North Carolina Wilmington and the co-director of the National Treatment Court Resource Center. She received her PhD in sociology from Western Michigan University and has conducted evaluations of numerous treatment court programs and other criminal justice initiatives in various states for over 20 years. Recent publications have appeared in *Crime & Delinquency*, *Federal Probation*, *Sociological Imagination*, *The Journal of Drug Issues*, *The Prison Journal*, *International Journal of Offender Therapy and Comparative Criminology*, and *Substance Use and Misuse*. Dr. DeVall has also garnered over \$22.5 million in grant funding from BJA, OJJDP, SAMHSA, as well as state and local entities to support various treatment courts & other criminal justice programs. In addition, she worked as a case manager for a community corrections program. Providing direct services to justice-involved individuals allowed her to see firsthand how the system operates and identify opportunities for system-level and policy change. Overall, her work seeks to bridge the gap between academia and practitioners, as well as influence the development of evidence-based policies and practices.

Dr. Christina Lanier, Co-Director of the National Drug Court Resource Center and Professor of Sociology and Criminology at the University of North Carolina Wilmington, brings nearly two decades of experience in applied research, program evaluation, and grant management. She holds a Ph.D. in Sociology from the University of Delaware and has published extensively in peer-reviewed journals such as *Federal Probation*, *The Journal of Drug Issues*, and *Substance Use and Misuse*.

Dr. Lanier has a proven track record of securing and managing competitive grant funding, having successfully obtained over \$20 million from federal, state, and local agencies. Her work focuses on evaluating specialty courts, reentry programs, and statewide criminal justice initiatives, with recent projects spanning North Carolina and Michigan. She is currently engaged in multiple evaluations that directly inform policy and practice in the justice system.

Her commitment to bridging academic research with real-world application ensures that funded projects are both evidence-based and impactful. Dr. Lanier's expertise in program evaluation, data analysis, and stakeholder collaboration positions her as a valuable asset for initiatives aimed at advancing justice reform and improving outcomes for system-involved populations.

Session 23: The Strength of Lived Experience: Utilizing Alumni Group and Peer Support in Therapeutic Courts

Participants entering a therapeutic court program often encounter significant challenges—including deep mistrust of the legal system, complex court requirements, and numerous personal and systemic barriers. Even after graduation, alumni may struggle with the

sudden loss of accountability and structured recovery support. Peer support and alumni connections, rooted in shared lived experience, offer a powerful way to bridge these gaps and sustain recovery. By fostering meaningful relationships and recovery-focused community, these supports help extend the impact of therapeutic courts beyond program completion. This session will explore peer support within a therapeutic court setting and how to develop a strong alumni group, drawing on best practices from All Rise and the National Treatment Court Alumni Association.

Learning Objectives:

1. Demonstrate how lived experience can be a powerful tool to support current therapeutic court participants, enhance program outcomes, and strengthen alumni engagement.
2. Define the appropriate roles and responsibilities of peers and alumni, including the scope of practice, boundaries, and ethical considerations when engaging with program participants and fellow alumni.
3. Explore SAMHSA's Peer Core Values and Competencies, and how alumni can apply these principles when engaging with current participants and fellow alumni.
4. Understand best practices for developing and sustaining an alumni group within a therapeutic court program to promote long-term recovery, mentorship, and community-building.

Presenters:

Joe Barsana is a WA State Certified Peer Counselor and Recovery Coach. After graduating from King County Drug Diversion Court in 2020, Joe returned to the program as an employee, first serving as the Resource Specialist and now as a Housing Case Manager. He is a Board Member of the WA State Association of Drug Court Professionals, WA Association of Drug Courts, and the National Treatment Court Alumni Association. Additionally, Joe is the President and Co-Founder of the WA State Therapeutic Court Alumni Association. He also serves on the Lived Experience Advisory Board for the innovative Overdose Response and Care Access (ORCA Center) in Downtown Seattle.

Darryl Coleman is a graduate of the Benton County Mental Health Court and a Washington State Certified Peer Counselor. He currently works as a Substance Use Disorder Professional Trainee (SUDPT) with Merit Resources, serving as an Intensive Outpatient Program (IOP) counselor. In addition to his clinical role, Darryl is the Outreach Coordinator for Clean Sweep Tri-Cities, where he supports individuals in sustained recovery and community reintegration. His previous experience includes serving as a Therapeutic Court Liaison for Lourdes Behavioral Health, where he helped bridge the gap between the behavioral health and legal systems. Drawing on both his personal recovery experience and professional training, Darryl is dedicated to guiding others through the complexities of recovery and the court system, creating a supportive and empowering environment for lasting change.

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Allyson Rae Lund is the Secretary of the Washington State Therapeutic Court Alumni Association and an active member of the Mason County Alumni group, We Can. A proud graduate of family recovery court, Allyson now works as a legal assistant to the very attorney who once represented her—turning her past into purpose. Sober for nearly four years, Allyson draws strength from her journey through addiction, ADHD, and family separation. Her experiences fuel her passion for advocacy, accountability, and helping others feel seen. Whether in court systems, recovery circles, or her professional work, Allyson shows what transformation looks like when people are given a real second chance.

Session 24: Trauma Responsiveness in Drug Court Practices

Trauma-informed care is more than a buzzword—it is a critical framework for cultivating effective, empathetic, and equitable systems, particularly within the court and child welfare contexts. This session invites participants to explore the foundational language of trauma to build a shared understanding that informs and elevates practice.

Through an engaging and reflective approach, we will examine the nuanced differences in trauma-related terminology, clarifying how our language choices shape perception, policy, and response. Participants will consider how courts can adopt trauma-informed principles in practical, measurable ways—especially in the sensitive and often overlooked area of drug testing.

Drawing on current research, field experience, and interdisciplinary standards, this session will equip professionals with actionable strategies to move from trauma-aware to truly trauma-responsive systems.

Learning Objectives:

By the end of this session, participants will be able to:

- Examine the similarities and differences within trauma terminology to create a common understanding
- Discuss how trauma language drives our understanding and practices

- *Identify best practice standards for courts to be more trauma responsive surrounding drug testing.*

Presenter:

Dr. Allison List is an accomplished scholar-practitioner with a Ph.D. in Counselor Education and Clinical Supervision. She currently serves as the Program Director of Behavioral Health and provides strategic oversight of the Child Welfare Program at the National Council of Juvenile and Family Court Judges. In this capacity, she advances interdisciplinary initiatives at the intersection of behavioral health, child welfare, and judicial practice.

In addition to her national leadership role, Dr. List is a dedicated educator and mentor, serving as adjunct faculty in the doctoral program at Oregon State University. She is particularly passionate about guiding emerging scholars and practitioners through their clinical and internship experiences.

Dr. List's research portfolio reflects her enduring commitment to transformative systems change, with areas of inquiry including social justice, leadership, counselor education, school counseling, trauma-informed judicial practices, behavioral health integration, child welfare reform, and judicial wellness. A dynamic thought leader, she is deeply invested in conversations that explore diversity, equity, and inclusion; collective well-being; and the continuous evolution of the human experience. Dr. List is a fervent advocate for interdisciplinary collaboration and delights in engaging with visionary professionals who challenge convention and inspire innovation.

She also presented at All Rise 25 this year in Florida!

Session 25: Recovery Housing

Many people believe that getting a person into SUD treatment is the most important step in their recovery process. While all steps are important, what happens when someone exits treatment (or incarceration) can make a much bigger difference long-term.

The connections, support, and accountability a person receives in a quality recovery home can be the game-changer for long-term recovery and the success in a therapeutic court program. A growing body of research tells us that recovery housing residents are more likely to stay sober, gain employment, stay out of the legal system, rebuild family relationships, and engage in their communities; no matter how we measure success in holistic recovery, a healthy, supportive and accountable community provides the best environment for success.

Not all recovery homes are the same. There are multiple levels of support, varying recovery philosophies, and endless environment options in the recovery housing world. We will describe the Oxford House model in detail and compare it with other models of recovery

housing available in the region, We will also offer suggestions on how to help people find the best fit for their current recovery situations and engage with audience members about their experiences in and around recovery housing.

Learning Objectives:

1. To discuss the effectiveness of community/court engagement in the recovery housing setting to significantly improve the long-term success of people in recovery
2. To describe the Oxford House model of recovery housing and why it is growing so rapidly in our region
3. To describe WAQRR recovery housing models that offer higher levels of care
4. To explore the best ways to help someone find the best recovery home for them

Presenters:

Jason Bliss holds the distinguished position of Executive Director at the Washington Alliance for Quality Recovery Residences. His remarkable leadership and dedication to the cause have resulted in the establishment of numerous recovery homes and invaluable contributions to countless homes spanning multiple states. Jason's commitment extends beyond his executive role, as he actively participates in various boards, including the Benton Franklin Recovery Coalition, the Benton Franklin Behavioral Health Board, and the Benton Franklin Bi-County Commissioners Advisory Board and the Washington Recovery Alliance.

Additionally, he makes significant contributions to the field through his involvement in the Central Washington Fentanyl Taskforce and the Overdose Fatality Review Board. His extensive experience and expertise are evident in his consultancy work with county, state, tribal, and federal human service entities, behavioral health organizations, law enforcement agencies, prosecutors, therapeutic courts, Child Protective Services (CPS), and the Department of Corrections. Through these collaborations, Jason has played a pivotal role in establishing and sustaining a comprehensive nationwide recovery housing network, impacting the field of addiction recovery and behavioral health.

Ricky Mogel is a Senior Outreach Coordinator with Oxford House Incorporated for Washington State. Ricky moved into his first Oxford House in 2005 and celebrated 20 years of recovery on Jan. 15th, 2025. Ricky is a certified Recovery Coach and has helped create multiple recovery coalitions that focus on uniting the various recovery support services, advocating policy change and combating stigma.

Ricky also works with tribes, DOC, CPS, treatment centers, law enforcement as well as State and County Agencies to help with placement for people into Oxford Houses.

Session 26: Working with Native Americans in Treatment Courts

This session offers insights into the cultural values, traditions, and challenges unique to Native American participants. Participants will learn how to apply a cultural lens to treatment court practices, promoting understanding, respect, and meaningful engagement that enhances outcomes for Native American communities.

Learning Objectives:

1. Cultural Values and Traditions of Native American Participants
2. Culturally Informed Practices in Treatment Courts
3. Strategies to Bridge Cultural Differences

Presenters:

Kristina Pacheco (Laguna Pueblo) serves as a Tribal Law and Institute Tribal Wellness Specialist, is an enrolled member of the Pueblo of Laguna, and resides in the village of Paraje/Casa Blanca, New Mexico. She is a licensed alcohol and drug abuse counselor in the state of New Mexico and has more than 20 years of experience in the field of substance abuse treatment and prevention. Prior to joining the Tribal Law and Policy Institute, she worked for the Pueblo of Laguna for 14 years as a Supervising Probation Officer (2004–10), Lead Counselor (2010–14), and Behavioral Health Program Manager (2014–19). In 2007, Kristina and the staff of the Tribal Court began the Pueblo of Laguna Healing to Wellness Court (THWC). The THWC was granted Mentor Court Status in 2017 by the National Association of Drug Court Professionals Drug Court Initiatives. Kristina also provided training and technical assistance to other Native communities as a consultant.

Mandi Moon (Port Gamble S’Klallam Tribe), Community Resource Navigator, Port Gamble S’Klallam Tribe

Mandi Moon is an enrolled member of the Port Gamble S’Klallam Tribe located in Kingston, Washington. Having grown up in the tribal community, Mandi has always wanted the best for her people. With compassion in mind and heart, her goal has always been to help support, guide, and give hope to her people. Mandi has worked for the Port Gamble S’Klallam Tribe for 27 years. She currently serves as the Community Resource Navigator, connecting services and resources to individuals in need, and helps navigate access to systems and services available to tribal and community members. Mandi also serves as a consultant with the National Association of Drug Court Professionals (NADCP) and the Tribal Law and Policy Institute (TLPI). Prior to her current roles, Mandi has served as an Administrative Assistant, Domestic Violence Advocate/Victims Advocate and a Healing to Wellness Court Coordinator. One of Mandi’s biggest career goals involves researching, developing and implementing the Port Gamble S’Klallam Healing to Wellness Court. When Mandi is not working, you will find her cheering for her talented teenage daughter at local sporting events.

Session 27: Intent vs Impact: Are we set up to fail?

Impaired driving treatment court practitioners want the best for the people they serve. Utilizing a variety of tools, resources, and services enables the team to respond to the specific needs an individual has; thereby, providing the greatest chance for a successful outcome. However, having a systematic (i.e., treating everyone the same) and inflexible approach in responding to one's needs may have an impact that differs from the intent. Sometimes, the best intentions miss their mark; other times, they have a negative impact. A team needs to understand how to create a program and respond to behaviors that don't set up the program or the individual to fail. This session will examine the common missteps in providing treatment, incentivizing participation, creating case plans and court requirements, costs of services, and responding to behavior. Note: While this session is aimed at impaired driving treatment court practitioners, much of the information also applies outside of that arena to other models of treatment court, treatment, and supervision.

Learning Objectives:

1. Participants will identify the difference between a systematic treatment approach versus individualized treatment, and the importance of alliance and adherence in treatment programming and case management.
2. Participants will recognize how teams must be willing and able to be flexible in creating and adjusting case plans and responding to behavior.
3. Participants will identify demographic characteristics that impact program rules, requirements, and case planning, and how ignoring these factors may set up a participant to fail.

Presenter:

James (Jim) Eberspacher is the director of Impaired Driving Solutions, a division of All Rise providing training and technical assistance to treatment courts that serve individuals with impaired driving offenses. He has more than two decades of cumulative experience in treatment courts, corrections, policy development, and training/technical assistance. In his current role, he is responsible for the overall daily operations, training, curriculum development, outreach, promoting the expansion of impaired driving treatment courts, and providing solutions to communities to eliminate impaired driving. Prior to joining Impaired Driving Solutions, for seven years, he served as the Minnesota state treatment court coordinator and provided oversight in forming treatment court policy and strategic planning, state standards, funding, research, and delivery of training and technical assistance to treatment court teams. Prior to his role at the state level, he served as the coordinator for three treatment court teams in rural Minnesota and worked as a probation officer. Overall, Jim has over two decades of experience in treatment courts, policy development, and training/technical assistance.

Session 28: Recovery Story

Hear about an impactful story of personal recovery.

Presenter:

Dallas DeLaGrange, a Licensed Independent Clinical Social Worker and Substance Use Disorder Professional in Washington State. Who has earned my Master of Social Work from Arizona State University, and for the past ten years, been deeply engaged in clinical work within Cowlitz County's Therapeutic Courts.

He recently stepped into the role of Manager for all Cowlitz County therapeutic court programs—including Drug Court, Mental Health Court, HOPE Court, and Juvenile Drug Court. In this leadership position, he continues to advocate for recovery, accountability, and healing through a trauma-informed and client-centered lens.

What makes this work especially personal to him, is that he's also a Drug Court graduate. That lived experience drives his passion and empathy, allowing him to support participants with an understanding that's both clinical and understanding.

Session 29: Best Practices Through the Lens of Hope

Course Description

Grounded in the science of Positive Psychology, this presentation explores *Hope Theory*, a well-researched cognitive-based motivational model proven to be a powerful psychological strength. Hope has emerged as one of the strongest predictors of well-being, particularly in the face of adversity. It is closely associated with reduced symptoms of anxiety and depression and plays a key role in promoting sustained recovery by lowering the risk of resuming use.

Jon Tunheim, elected Prosecuting Attorney of Thurston County and Past President of the Washington State Association of Drug Court Professionals, will lead participants through an in-depth examination of the latest *All Rise* best practices for treatment courts. Through the lens and language of Hope Theory, Jon will demonstrate how treatment courts can be structured to intentionally foster hope in participants—ultimately improving outcomes and supporting long-term recovery.

Learning Objectives:

1. Define Hope Theory and explain its core components (goals, pathways, and agency) within the context of Positive Psychology.
2. Identify evidence-based best practices from the *All Rise* framework that intentionally foster hope in treatment court participants.
3. Apply the language and framework of Hope Theory to enhance motivation, engagement, and resilience among treatment court participants.
4. Recognize the role of hope as a protective factor against relapse and recidivism during the recovery process.
5. Integrate hope-based strategies into their own treatment courts to improve outcomes.

Presenter:

Jon Tunheim has served as the elected Prosecuting Attorney for Thurston County, Washington, since 2011. Before his election, he spent 20 years as a Deputy Prosecutor, handling a broad range of felony cases, with a particular focus on sexual assault, domestic violence, and crimes against children.

A respected voice in the criminal justice community, Jon is recognized across Washington State as a leading advocate for treatment courts. He served for many years on the board of the Washington State Association of Drug Court Professionals, including four years as President. He also co-chaired a statewide criminal justice opioid workgroup, helping to shape Washington's response to the opioid crisis.

Jon's deep commitment to victims of crime led him to discover *Hope Theory* at a national domestic violence conference. Inspired by its powerful relevance to those affected by trauma, he began exploring how this science could be applied to criminal justice, leadership, and organizational culture. This work culminated in the creation of his own leadership model, *Hope Inspired Leadership*.

Today, Jon is a sought-after speaker on Hope Theory, presenting at local, state, and national forums. He believes hope is a critical element in the recovery process and has integrated Hope Theory into the Thurston County Drug Court. As part of that initiative, he designed a "Hope Coin" to honor each treatment court graduate—a lasting symbol of achievement, resilience, and the power of hope.