

# RECOVERY CAPITAL IMPLEMENTATION AND USE

Presented By:

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Developed by:



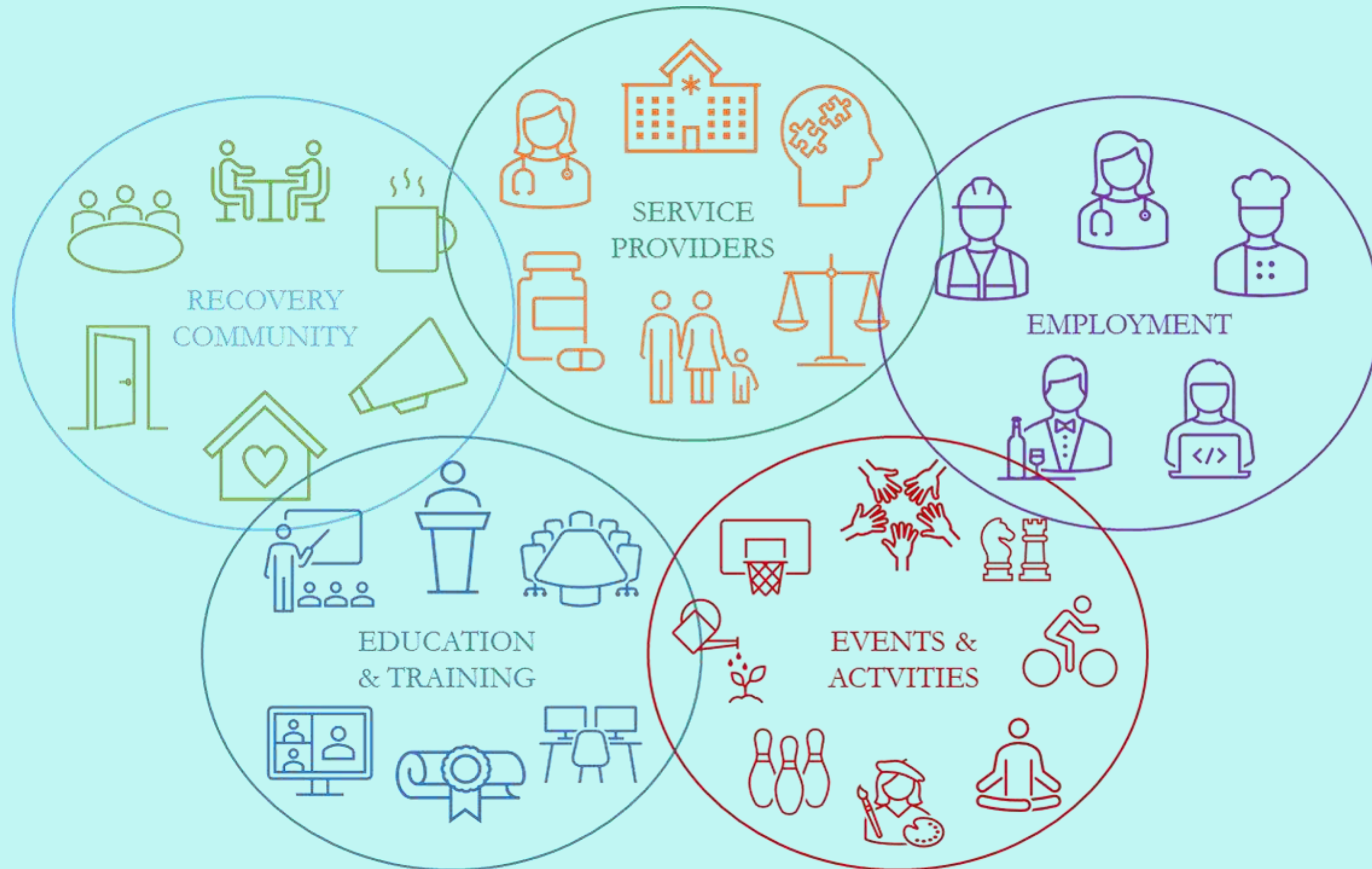
**SCTC**

SNOHOMISH COUNTY  
THERAPEUTIC COURTS





# Recovery-Oriented Systems of Care



# Understanding Recovery Capital

All the personal and tangible resources a person has and needs in order to initiate and sustain recovery (Granfield & Cloud, 1999; Laudet and Best, 2010; White & White, 2008).





# Recovery Capital

## •Human Capital:

- Values
- Knowledge
- Skills
- Self-esteem
- Risk management

## •Financial Capital:

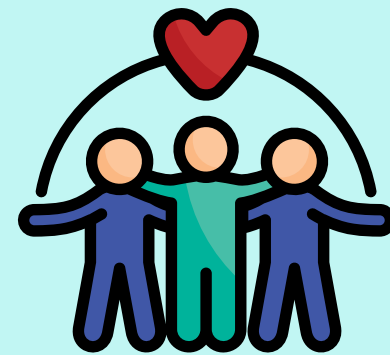
- Transportation
- Shelter
- Access to insurance

## •Social Capital:

- Family
- Friends
- Supportive social relationships that are centered around recovery
- Relational connections

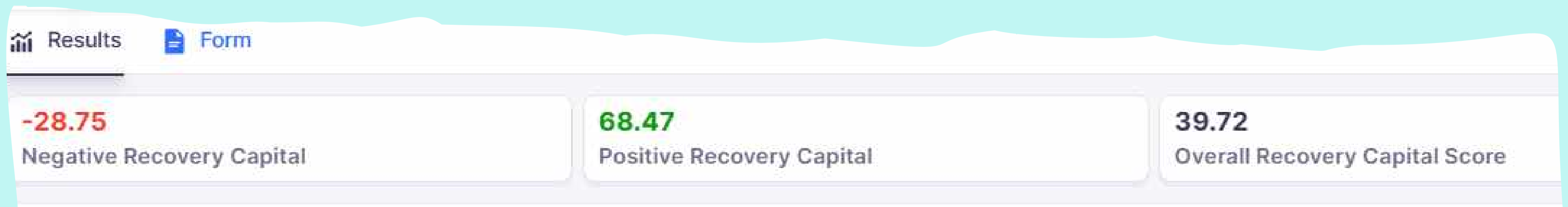
## •Community Capital:

- Full continuum of treatment resources
- Accessibility of diverse resources
- Local recovery efforts and support
- Recovery norms are valued in the community



# Why Use in a Therapeutic Court Setting

- Supports Risk-Need-Responsivity (RNR)
- Informs Therapeutic Responses
- Aligns With Motivational Interviewing (MI)
- Quantifies Individual Recovery
- Forges Partnerships (Key Component 10)



# Incorporating Recovery Capital (MPE)

- **Structured Assessment**
- **Formally Integrated Into Stages**
- **Facilitates**
  - **Early Identification of Behaviors**
  - **Improved Goal Setting**
  - **Meaningful Incentives**
  - **Timely Address Needs**



# Interpreting Scores and Create Therapeutic Responses

Client ID: 5120600





# Incentivizing Recovery Capital

- Star Jar for Achieving Goals and Behaviors
- Judicial Praise (Specific)
- Recovery Supports
- Empowerment





# Quotes (CHIME)

## **Stage 2: How was the (Rec-Cap) tool helpful?**

- “It made me more aware of myself”
- “It was helpful in giving me an opportunity to reflect on, not only where I am in my journey, but also on how far I have come.”

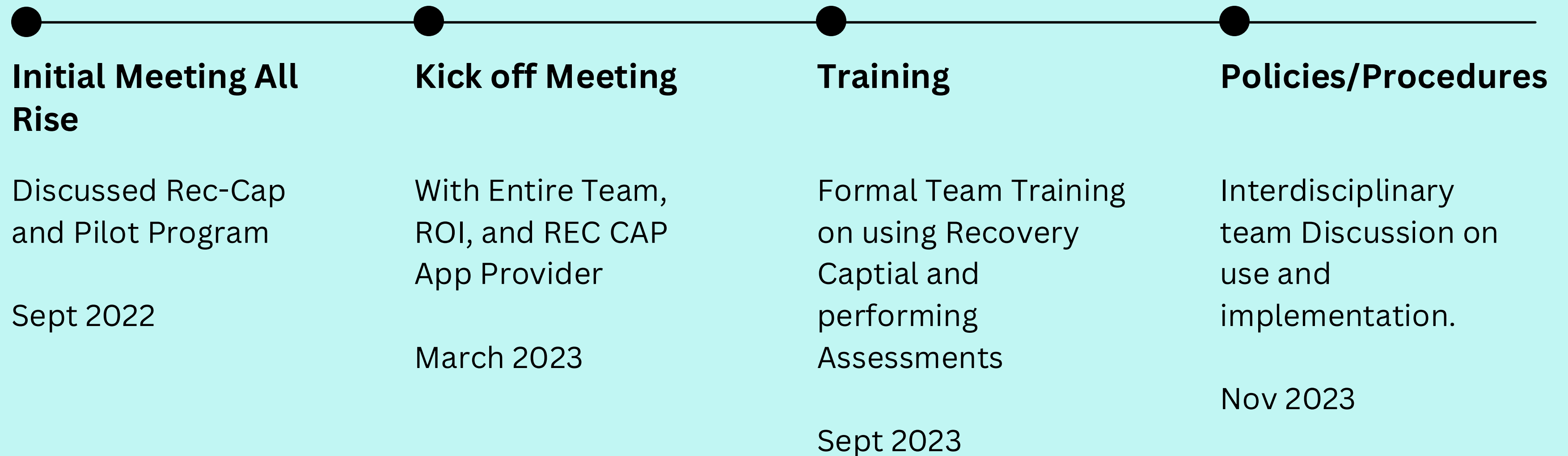
## **Stage 3: What has changed since your first Rec-Cap sessions?**

- “I've built a bigger support system in the community”
- “A lot has changed. I've passed all my classes, got a better job, got a new car, and have a solid home group.”

## **Stage 4: What has changed since your first Rec-Cap sessions?**

- “What I felt most beneficial was the in-person support I had received from the Coordinators. The positiveness and eagerness to help guide me to succeed was the best part of doing the recovery questionnaire.”

# Recovery Capital in SnoCo Timeline





# Lessons and Takeaways

- **Program Versus Client Focus**
- **Scheduling and Compliance**
- **Additional Recovery Support**
- **Tracking Progress, Ebb and Flow**
- **Earlier the Better**
- **Requires Community Collaboration**



# How much recovery capital does your program have

