

RECOVERY ROCKS

It is said, rough seas make smooth stones

And just like you, every rock is different,

Polished and shaped by the waves
and water they come from.

While they have some imperfections,
they are each beautiful and unique in their own way.

And some are given a little extra polishing
to become what they are now.

You joined the program, were given
some extra help and encouragement,
to help you become who you are now.

Over time, your recovery and your recovery rock,
may need some attention (and maybe a little more polishing).

You have worked hard and overcame
rocks in the road of life and revealed
your honest beauty (inside and out)

Pick a keepsake stone as a reminder to

Keep rockin' your recovery!