

# WSADCP State Conference - Agenda

Friday, October 25th, 2019 | DoubleTree Suites Southcenter, Seattle, WA 98188

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**7:00am - 8:15am**

**Registration & Continental Breakfast**

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**8:15am - 8:30am**

**Ballroom**

**Opening Remarks**

Steve Freng, MC, Prevention and Treatment Manager HIDTA

Jon Tunheim, President WSADCP

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**8:30am - 12:00pm**

**Ballroom**

**Neurobiology of Safety and Resilience - Building Practices**

Dr. Linda Chamberlain

*Our nervous system is continually scanning our internal and external environment for cues of safety that will determine our capacity to self-regulate and socially engage. Self-regulation, the gateway to learning, healing and well-being, affects our ability to build relationships, a key predictor of resilience. The neurobiology of safety has led to a new awareness of how behavior is driven by our autonomic state. Dr. Chamberlain takes participants on a user-friendly tour of the nervous system to understand why we need to work with brain-body interventions that help to stimulate, shift and reset the autonomic nervous system while calming the brain. She demonstrates simple tools for children and adults that use breath, movement, pressure points and strategies that engage the vagus nerve to promote resilience, self-regulation and healing.*

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**12:00pm - 1:00pm**

**Ballroom**

**Lunch and Networking**

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**1:00pm - 2:30pm Workshop Sessions**

**Winning the War Against High Risk Drunk Drivers through Assessment Driven Supervision**

**Rainier**

Mark Stodola, Probation Fellow, American Probation & Parole Assoc.

*In 2017 there were over 4.6 million individuals in the United States on probation, parole or other forms of community supervision. Of this population, approximately 400,000 men and women have been convicted more than once for driving while intoxicated (DWI). Research has shown that approximately 33% of males and 50% of females with multiple DWI's have a mental health disorder. However, given high caseloads, competing interests and priorities in community corrections, it can be particularly challenging to determine how to best supervise the DWI offender, determine their risk level, and understand their treatment needs. This interactive presentation will provide the latest information on national DWI research and statistics, validated DWI assessment tools including the Impaired Driver Assessment (IDA) and the Computerized Assessment Referral System (CARS). Using research on characteristics of high risk drunk drivers as a backdrop, participants will understand the vital role these tools can play to both the Courts and Community Supervision in determining risk to recidivate while assisting criminal justice professionals in developing supervision plans that reflect criminogenic factors.*

**Questions and Answers in the New World of Integrated Health Care: Panel Discussion**

**Dash/Redondo**

Ahney King, Coordinated Care; Victoria Evans, Molina Healthcare; Cortney Ward, Amerigroup WA; Samantha Anderson, United Healthcare

*A panel of MCO and ASO representation to have a discussion of how we can work together. Available for therapeutic court team members to ask questions and obtain answers to all things Integrated Health Care. Outcomes for session participants: A better understanding of integrated health care and how we can work together in the best interest of our participants/members.*

**Lewis County Alumni Group**

**Alki**

Stephanie Miller, Drug Court and Family Recovery Court

*The Lewis County Drug Court Alumni will present about what their group is doing and how they are doing it. Focus will be on the following: How current phase three participants are engaging with the Alumni before graduation; What the alumni is doing with the participants; How the alumni is giving back to the program; Events being planned and assigned; Maintaining engagement with alumni even after relapse; and What the alumni gain from continued involvement. We encourage program to come with questions.*

**From Compliance to Empowerment: A Drug Court Empowerment Class and Plan**

**Summit II**

Shannon Thomas, KCDDC Housing Case Manager; Joe Conniff, KCDDC Resource Specialist

*King County's Drug Diversion Court employs an Empowerment Class and Plan to provide support and accountability in shaping short-term goals relevant to individual needs, and pursue outcomes that extend beyond graduation and sustain continued transformation. In this interactive breakout, we will examine the life circumstances of drug court participants before, during and after the program. We will explore how compliance and external motivations can intersect with internal drive resulting in personal empowerment to continue after program completion.*

**Foundational Community Supports: Whole person care by addressing the social determinates of health**

**Summit I**

Melodie Pazolt, Section Manager, HCA

*This workshop will provide a history and overview of Washington's Foundational Community Supports program. These new Medicaid benefits assist individuals obtain and maintain housing and employment. In addition the workshop attendees will receive an overview of the evidence-based practice principles of supportive housing and supported employment services.*

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**2:30pm - 2:45pm****Break**

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**2:45pm - 4:15pm Workshop Sessions****Road to Recovery - Follow Up to Adult Drug Courts****Summit I**

Carolyn Pence, Drug Court/Family Treatment Court Coordinator, Island County

*Goal: Helping keep Drug Court graduates engaged in their recovery. One thing that Island County Drug Court has noticed that when there is little to no follow up with Drug Court participants after graduation, some participants have been inclined to return to old habits and risk relapse and/or criminal activity. Graduation from drug court can be equated with cutting the apron strings. The participants are out on their own, with no accountability to anyone but themselves, which is not always the best for them. We will discuss the additional steps that can be added during the final phase of Drug Court, and after graduation, to help ensure (or at least encourage) the participants to stay on the road to recovery.*

**Restorative Justice and Drug Courts****Dash/Redonda**

Adelle Fontanet and Karen Otis, Center for Court Innovation

*Restorative justice seeks to prevent future violence or disruption by finding responses to law-breaking behavior that are proportionate, meaningful, and enforce accountability. Restorative Justice focuses on repairing harm and restoring relationships through establishing relationships that support community led mediation and violence prevention and how this fits within Problem Solving Court program structures.*

**Can't We All Just Get Along - Improving Team Communication and Collaboration****Alki**

Jamie Kvistad &amp; Heidi Rettinghouse, King County Dept. of Public Defense

*As problem-solving courts continue to spread in popularity, how do we shift from the traditional adversarial process to team collaboration? Why do problem-solving court teams with shared goals end up deadlocked in disagreement? How can we get the results we want when we all have different roles and perspectives? What skills can we learn to improve communication and resolve conflict? As experienced practitioners in these courts, we continue to deal with conflict, ethical concerns, cultural differences, and other various problems relating to group dynamics. This session will discuss valuable skills that build team consensus and momentum towards shared goals. We will also explore different models of interdisciplinary communication that incorporate NADCP Best Practices. You will learn how you can help yourself and your group, how to start a dialogue with your team for change, and how this will make your court and your participants more successful.*

**Application of Hope Therapy in Recovery****Summit II**

Jon Tunheim, Thurston County Prosecuting Attorney

*Hope is an extensively researched psychological strength and one of the leading predictors of happiness and wellbeing. Research across multiple sectors correlates hope to an individual's ability to overcome traumatic experiences and flourish, especially when times are tough. Hope theory describes a cognitive process for change through goal setting, strategic thinking and willpower. This workshop will present the science of Hope as a theory of change, with specific application to addiction and recovery in a therapeutic court setting. This seminar will demonstrate how hope can be measured, influenced and leveraged to reduce staff burnout and motivate participants for success. This workshop will provide attendees with "hands-on" tools to measure hope and develop strategies to attain desirable goals.*

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**4:15pm - 5:00pm****WSADCP Membership Meeting**

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# Meeting and Banquet Facilities

