

Health Care Authority

Addressing Social Determinants of Health

October 25, 2019

Building on Opportunities – Housing & Employment:

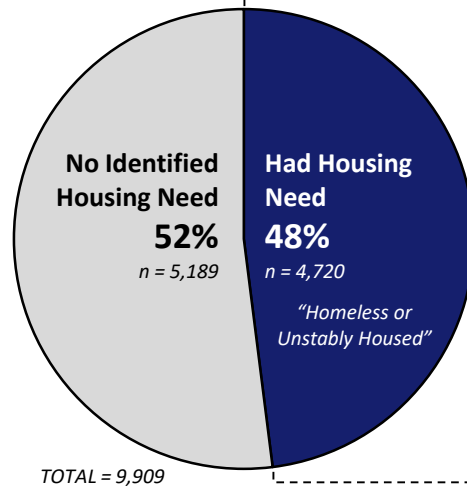
- Legislative direction to improve client outcomes (Employment and Housing) and use **Evidence-based, Research-based, and Promising Practices – SB5732-HB1519** (2013)
- Nationally Recognized Policy Academies (Housing 3000: Chronic Homeless Policy Academy & Olmstead Policy Academy)
- Supportive Housing and Supported Employment services authorized in SB 6312 (2014)
- Healthier Washington SIM Grant - CMMI

Clients discharged from residential chemical dependency treatment centers and state mental health hospitals in SFY 2010

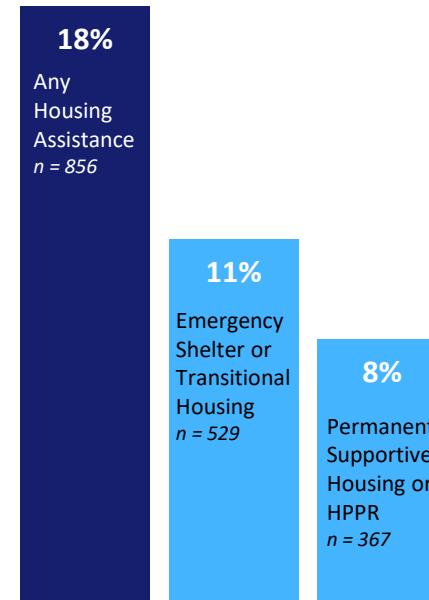
had pronounced housing needs

Exiting a Residential Substance Use Disorder Treatment Center

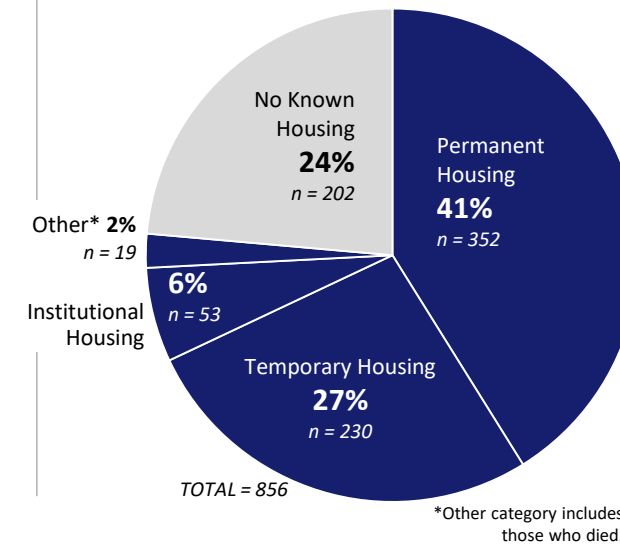
Housing Status in 12-Month Follow-up Period



Of those with housing need . . .



Destination following receipt of housing assistance . . .



NOTE: Information on client housing needs was compiled from five different administrative sources (pie chart). Housing assistance detail is from the Homeless Management Information System (HMIS).

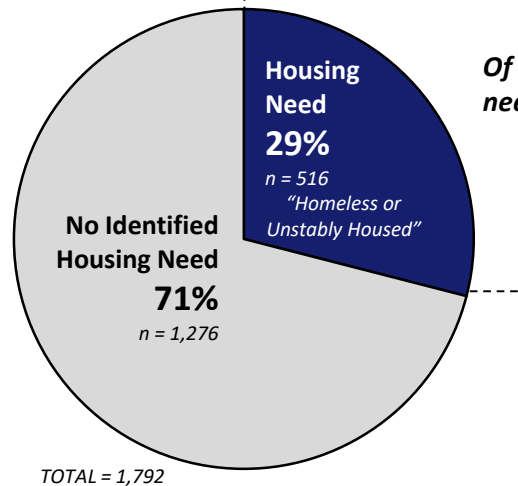
SOURCE: *The Housing Status of Individuals Discharged from Behavioral Health Treatment Facilities*, DSHS Research and Data Analysis Division, Ford Shah, Black, Felver, July 2012 <http://publications.rda.dshs.wa.gov/1460/>.

Clients discharged from residential chemical dependency treatment centers and state mental health hospitals in SFY 2010

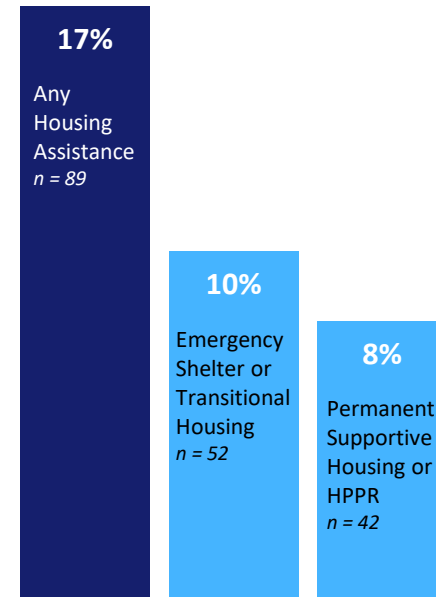
had pronounced housing needs

Exiting a State Mental Health Hospital

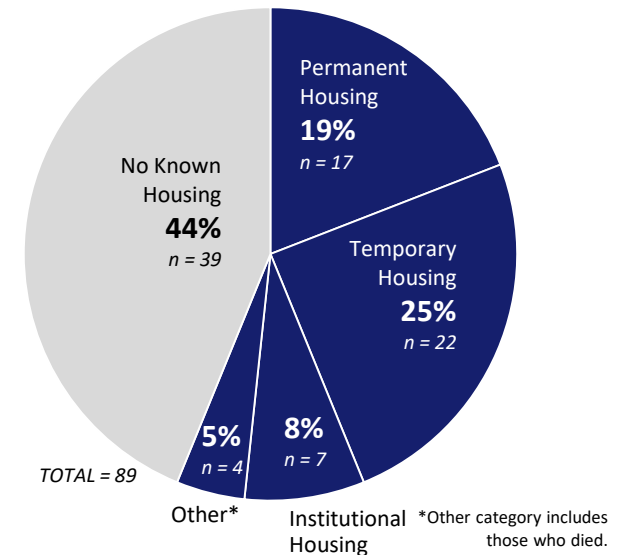
Housing Status in 12-Month Follow-up Period



Of those with housing need . . .



Destination following receipt of housing assistance . . .



NOTE: Information on client housing needs was compiled from five different administrative sources (pie chart). Housing assistance detail is from the Homeless Management Information System (HMIS).

SOURCE: *The Housing Status of Individuals Discharged from Behavioral Health Treatment Facilities*, DSHS Research and Data Analysis Division, Ford Shah, Black, Felver, July 2012 <http://publications.rda.dshs.wa.gov/1460/>.

HEALTH IS WHERE WE LIVE, LEARN, WORK & PLAY



Stable Jobs = Healthier Lives

American adults spend nearly half their waking hours at work. Whether we work—and under what conditions—influences our health. Employment provides the income, benefits and stability necessary for a healthy life¹.

Unemployment may affect health in many ways.
Laid-off workers are⁵:



54% more likely to
have fair or poor health.

<https://www.rwjf.org/en/library/infographics/infographic--stable-jobs---healthier-lives.html#/embed>



83% more likely to develop a stress-related condition such as heart disease.

<https://www.rwjf.org/en/library/infographics/infographic--stable-jobs---healthier-lives.html#/embed>

Unemployment has also been linked to⁶:



**Loss of
Health
Insurance**



**Increased
Stress &
Blood
Pressure**



**Unhealthy
Coping
Behaviors**



**Increased
Depression**

<https://www.rwjf.org/en/library/infographics/infographic--stable-jobs--healthier-lives.html#/embed>

Foundational Community Supports benefits

▶ Supported employment

- ▶ Employment assessments/planning
- ▶ Outreach to employers
- ▶ Connecting with community resources
- ▶ Assisting with job applications
- ▶ Education, training, and coaching

▶ Supportive housing

- ▶ Housing assessments and planning
- ▶ Outreach to landlords
- ▶ Connecting with community resources
- ▶ Assisting with housing applications
- ▶ Education, training, and coaching (resolve disputes, advocacy)

“Now that I have my living situation covered, I guess we’ll start working on other stuff like my health appointments and work.”

-BRIDGES Photovoice participant 2016

Principles of SH

- ▶ Choice in housing
- ▶ Flexible, voluntary supports
- ▶ Housing is safe and affordable
- ▶ Full rights of tenancy
- ▶ Housing is integrated in the community
- ▶ Functional separation of services and housing
- ▶ Access to Housing – Housing First

Principles of SE

- ▶ Preferences in employment
- ▶ Time-Unlimited supports
- ▶ Competitive Employment
- ▶ Benefits counseling
- ▶ Integrated with Treatment
- ▶ Rapid job search
- ▶ Systematic job development
- ▶ Zero Exclusion – Employment First

What are Foundational Community Supports (FCS)?



It is...

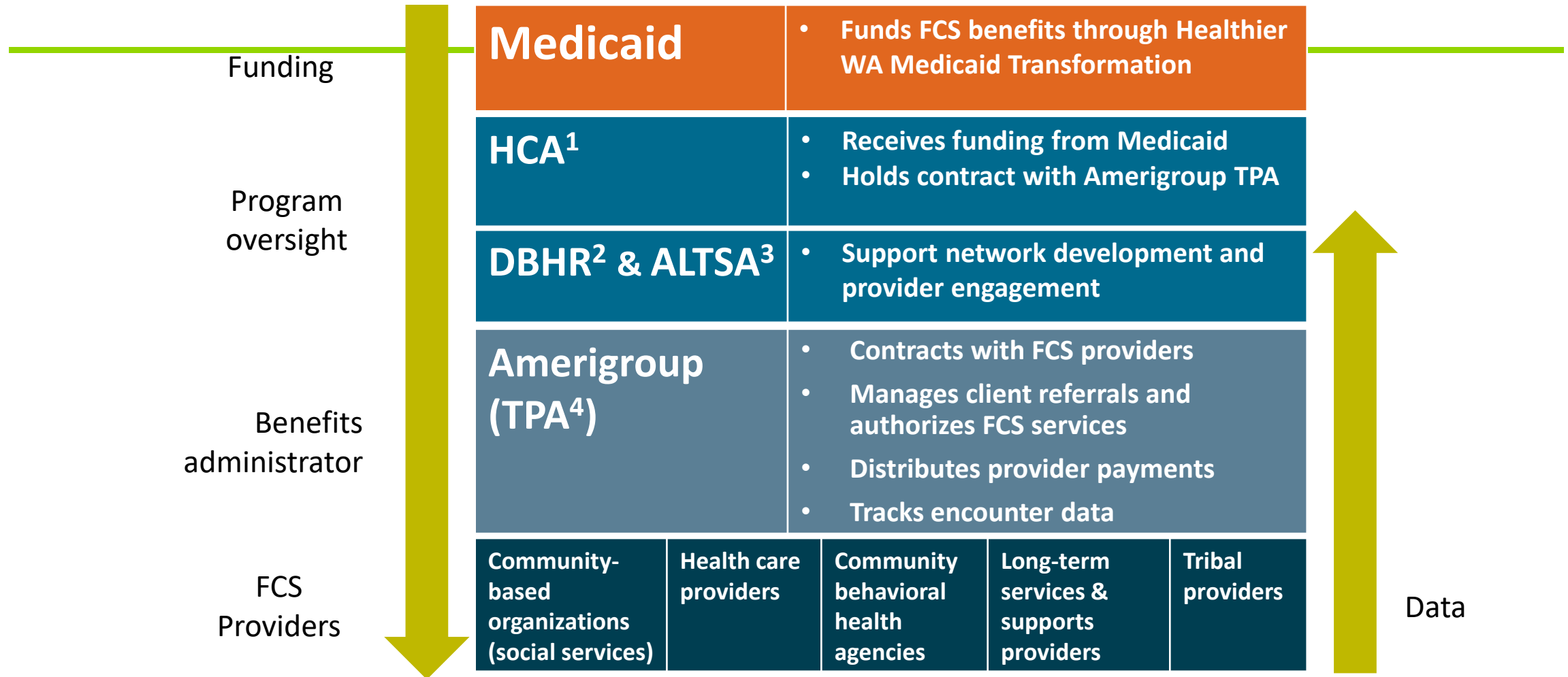
- Medicaid benefits for help finding **housing** and **jobs**:
 - Supportive Housing to find a home or stay in your home
 - Supported Employment to find the right job, right now



It isn't...

- Subsidy for wages or room & board
- For all Medicaid-eligible people

What is Foundational Community Supports (FCS)?



1. Health Care Authority – Policy Division
2. Health Care Authority - Division of Behavioral Health & Recovery
3. Department of Social & Health Services - Aging and Long-term Support Administration
4. Third Party Administrator

Who is eligible to receive FCS benefits?

FCS benefits are reserved for people with the greatest need. To qualify, you must:

- 1 Be enrolled in Medicaid
- 2 Be at least 18 years old (Supportive Housing) or 16 years old (Supported Employment)
- 3 Meet the requirements for **complex needs**
 - You have a **medical necessity** related to mental health, substance use disorder (SUD), activities of daily living, or complex physical health need(s) that prevents you from functioning successfully or living independently.
 - You meet specific **risk factors** that prevent you from finding or keeping a job or a safe home.



Who is eligible to receive FCS benefits?

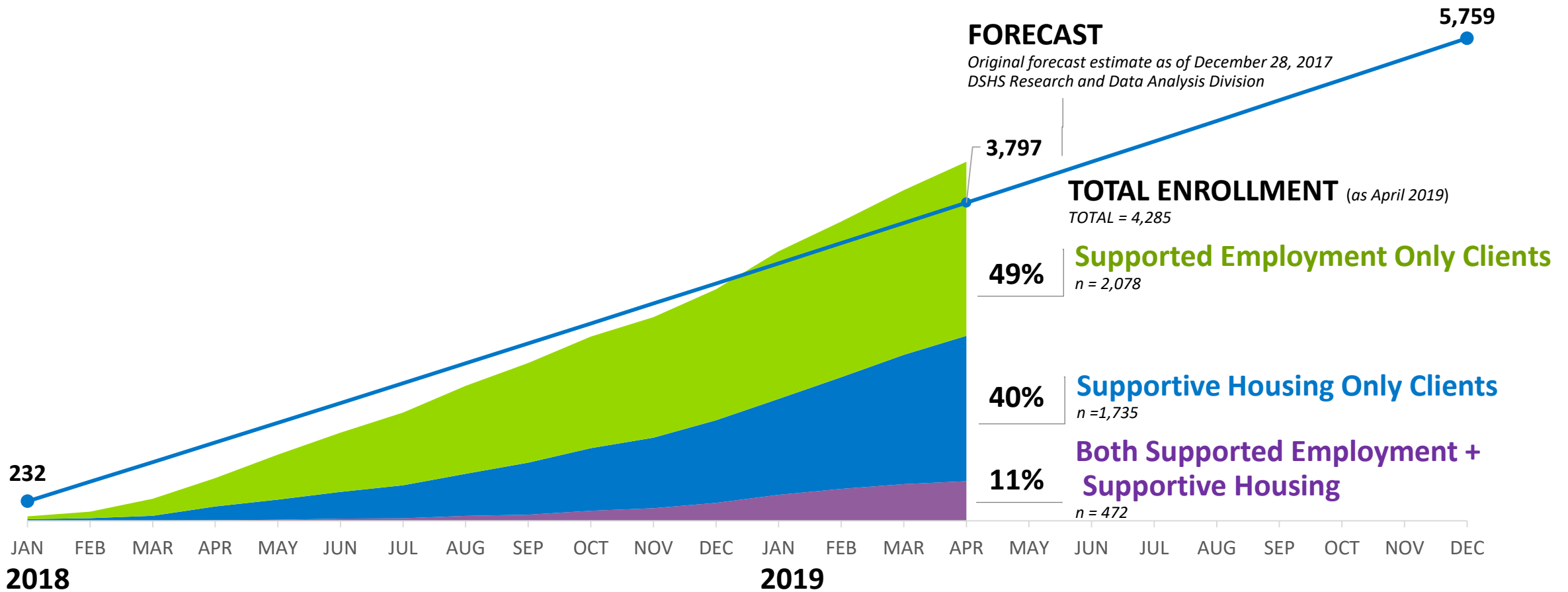


Supportive Housing risk factors <i>One or more</i>	Supported Employment risk factors <i>One or more</i>
<ul style="list-style-type: none">✓ Chronic homelessness✓ Frequent or lengthy stays in an institutional setting (e.g. skilled nursing, inpatient hospital, psychiatric institution, prison or jail)✓ Frequent stays in residential care settings✓ Frequent turnover of in-home caregivers✓ Predictive Risk Intelligence System (PRISM)¹ score of 1.5 or above	<ul style="list-style-type: none">✓ Housing & Essential Needs (HEN) and Aged Blind or Disabled (ABD) enrollees✓ Difficulty obtaining or maintaining employment due to age, physical or mental impairment, or traumatic brain injury✓ SUD with a history of multiple treatments✓ Serious Mental Illness (SMI) or co-occurring mental and substance use disorders

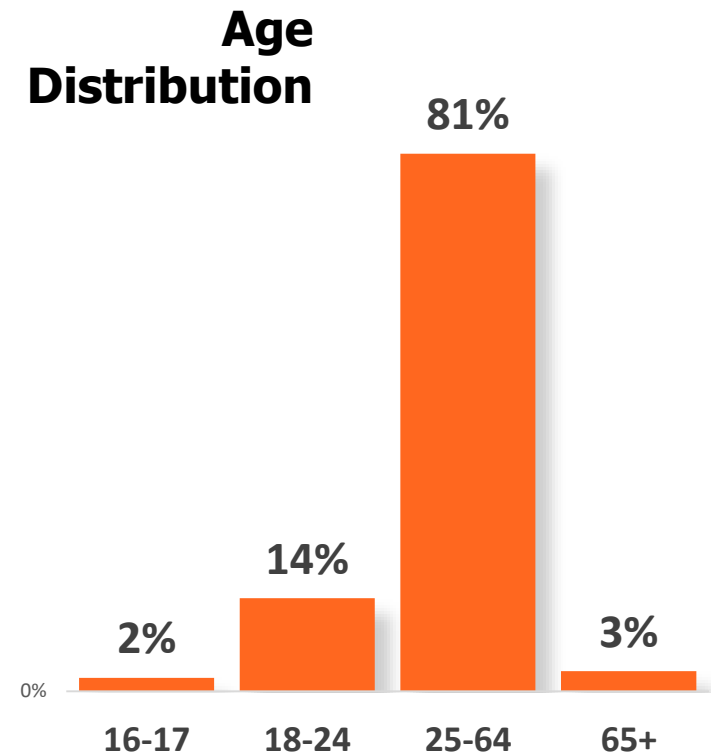
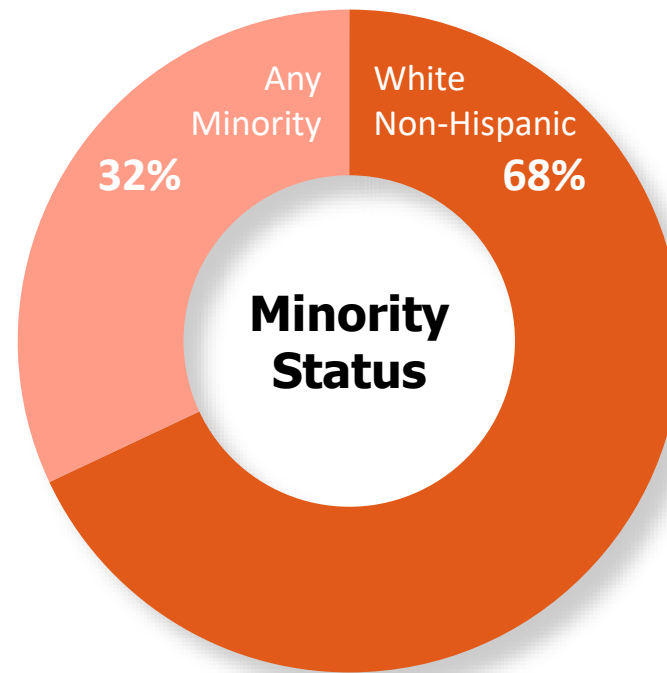
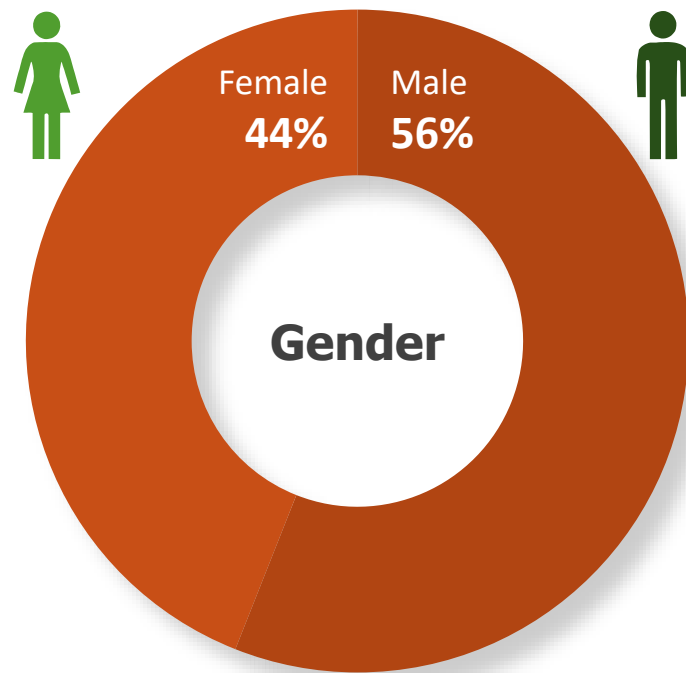
1. PRISM measures how much you use medical, social service, behavioral health and long-term care services.



Foundational Community Supports enrollment

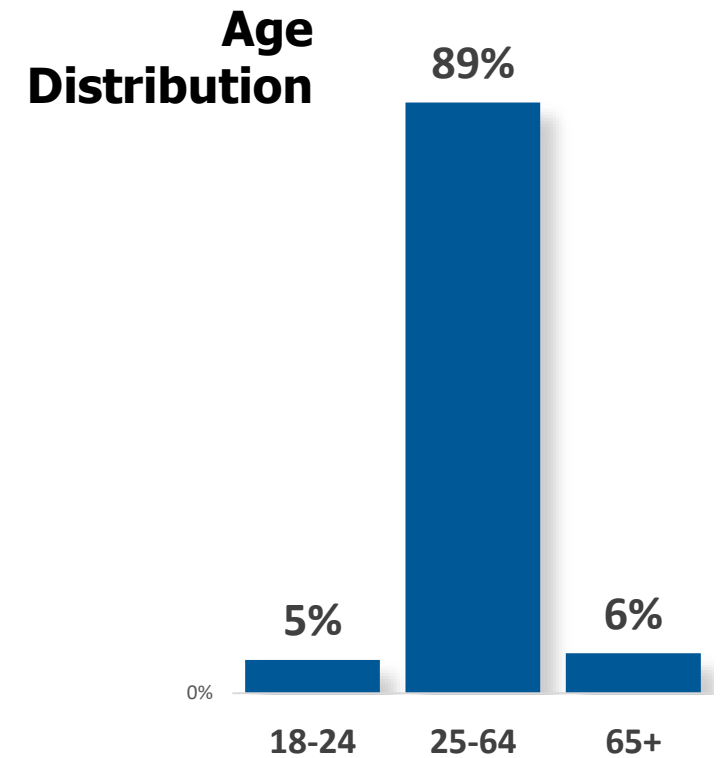
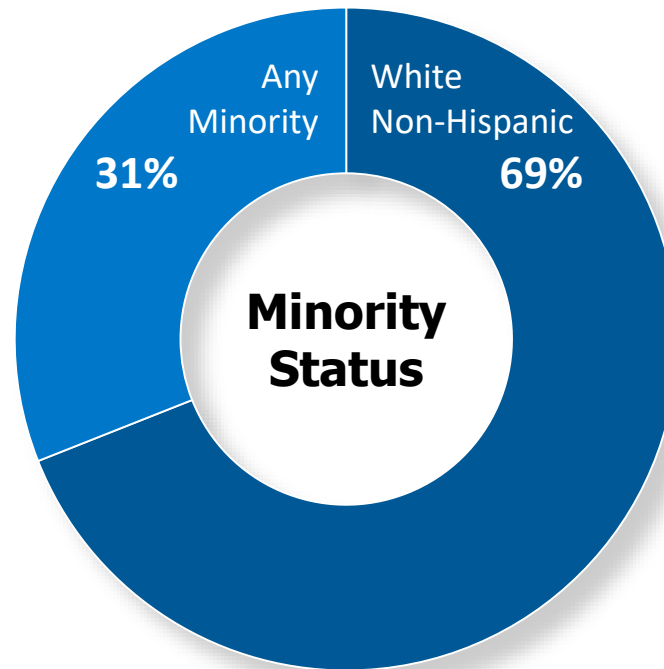
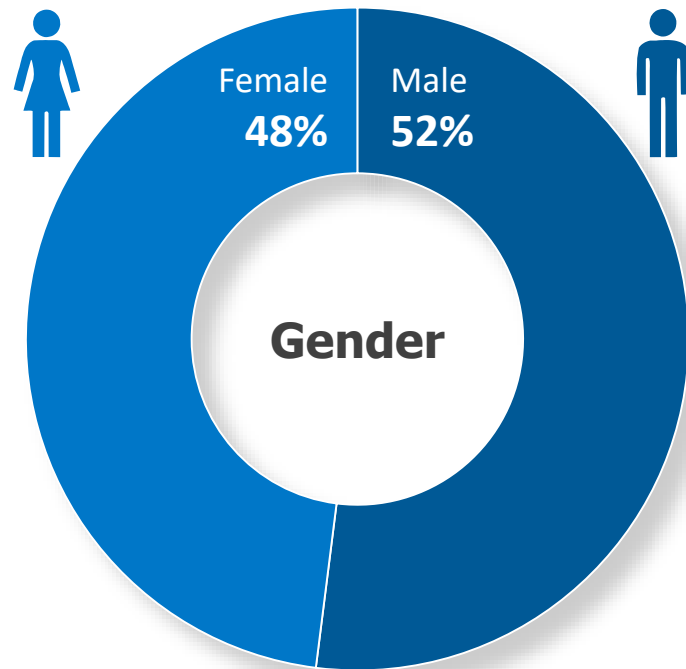


Foundational Community Supports: **Supported Employment** demographics (April 2019)



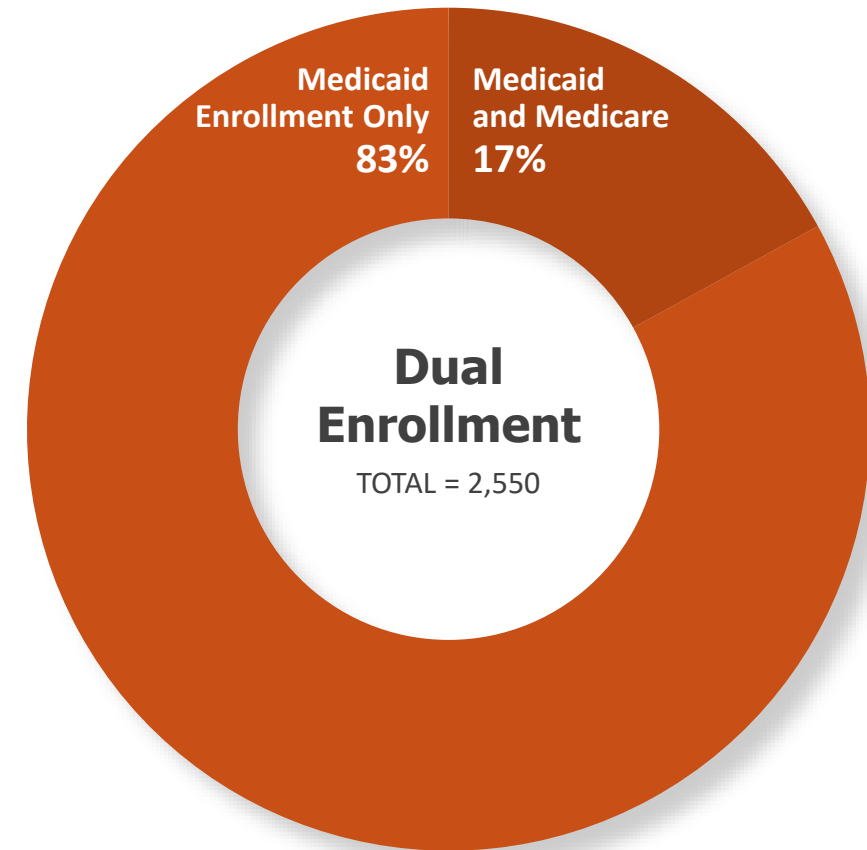
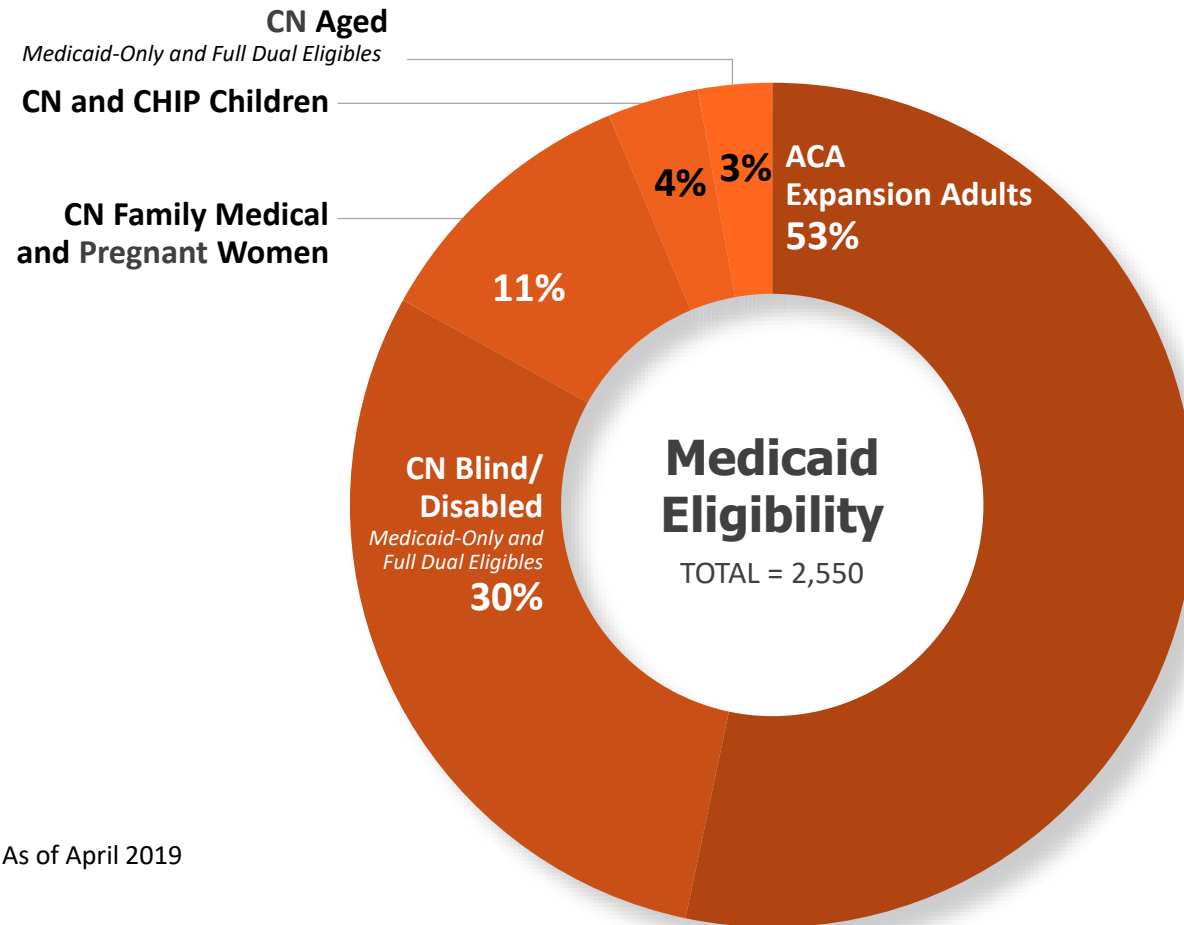
As of April 2019

Foundational Community Supports: **Supportive Housing** demographics (April 2019)



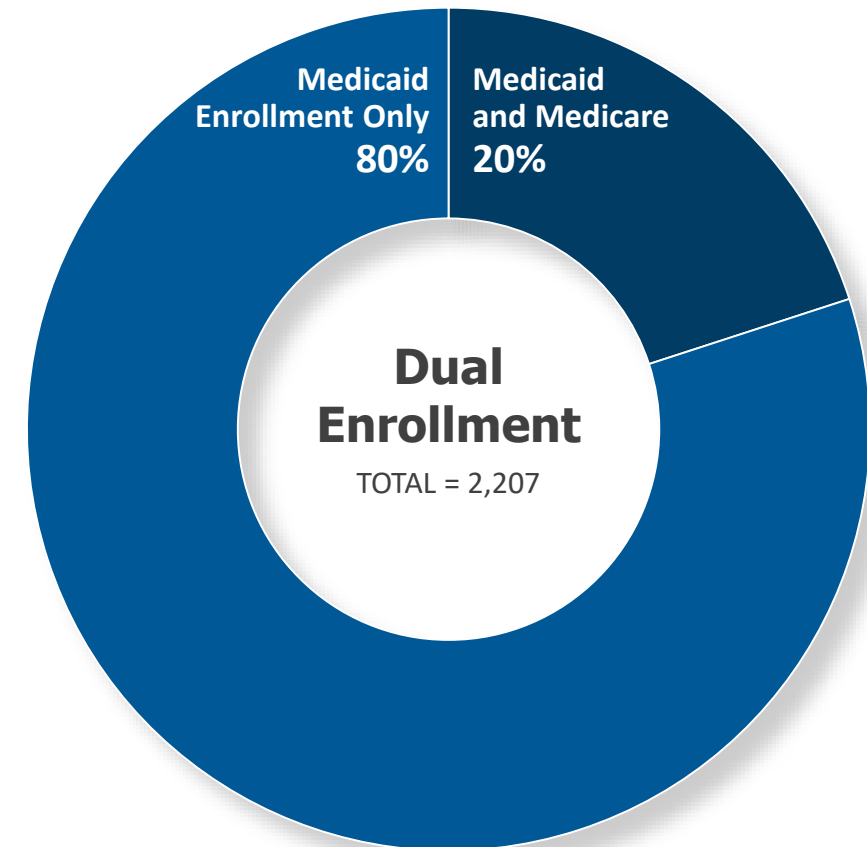
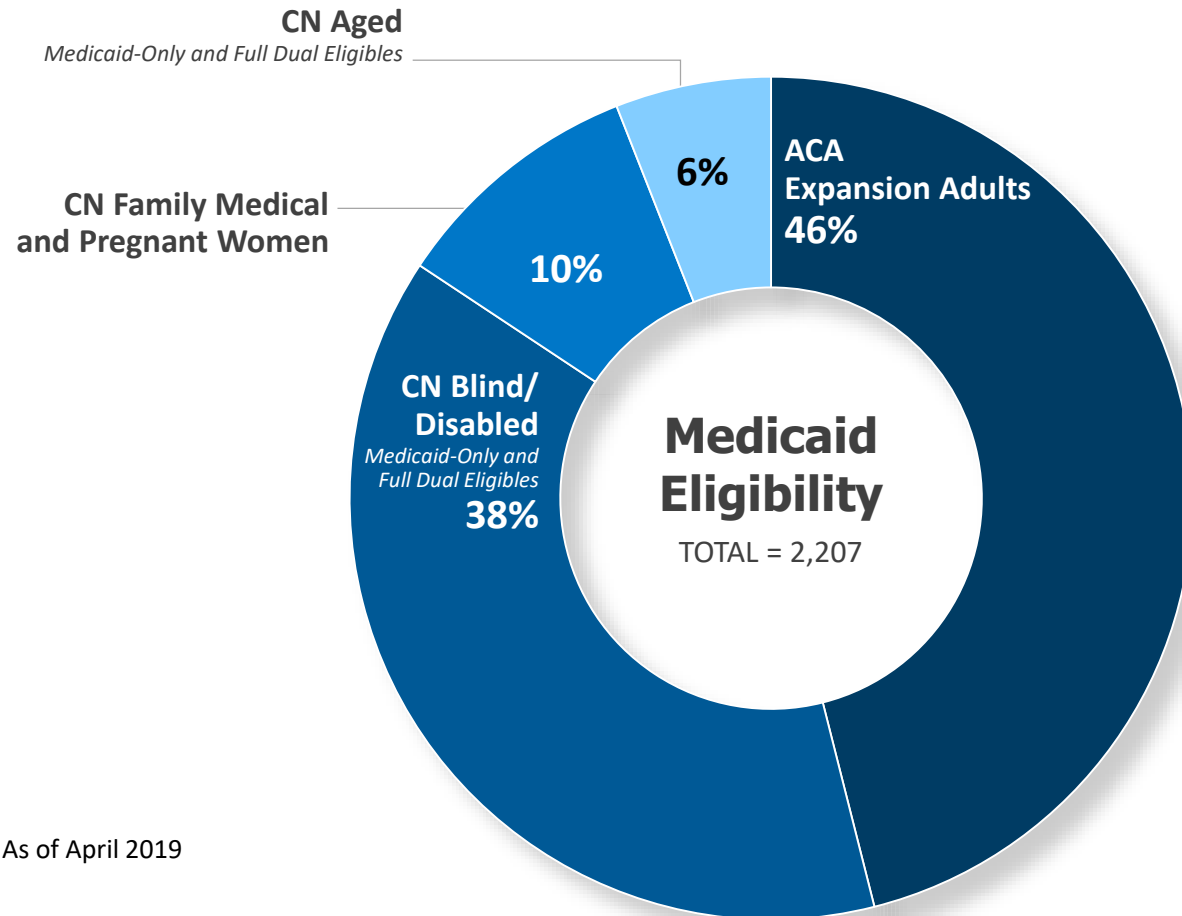
As of April 2019

Foundational Community Supports: Supported **Employment** clients (April 2019)



As of April 2019

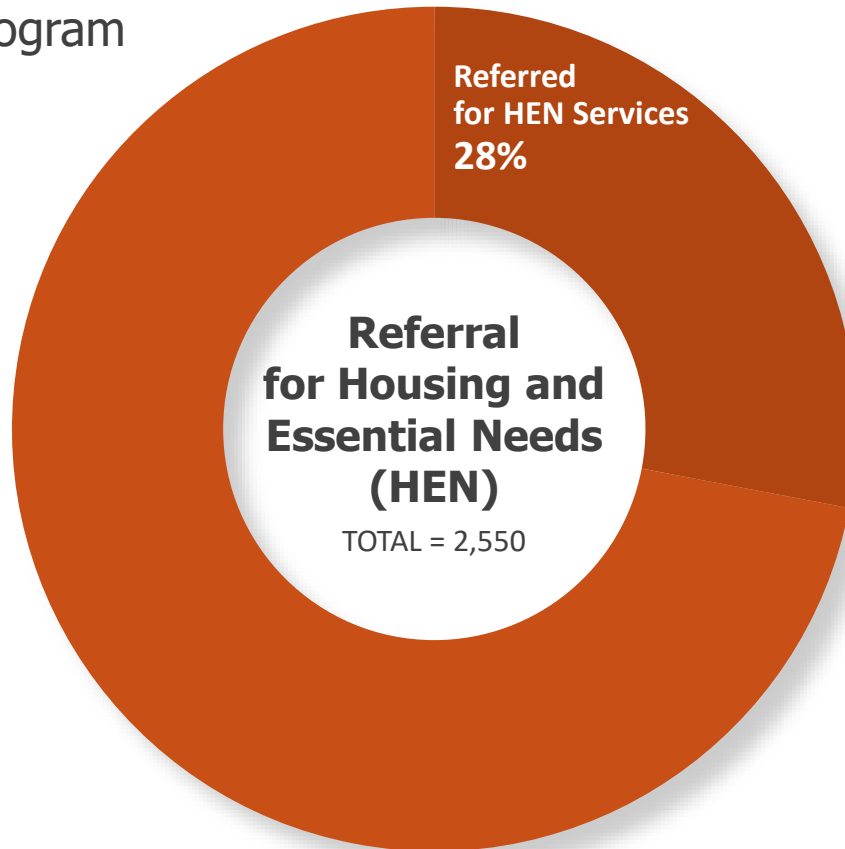
Foundational Community Supports: **Supportive Housing** clients (April 2019)



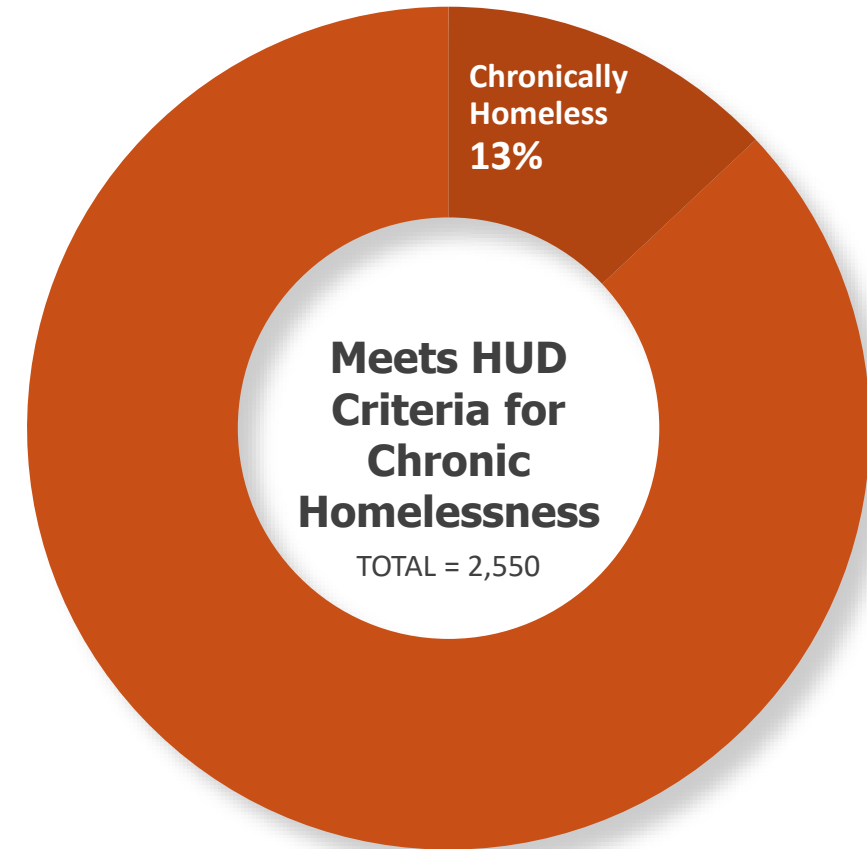
As of April 2019

Foundational Community Supports: **Supported Employment** clients (April 2019)

Other Housing
Assistance Program
Eligibility



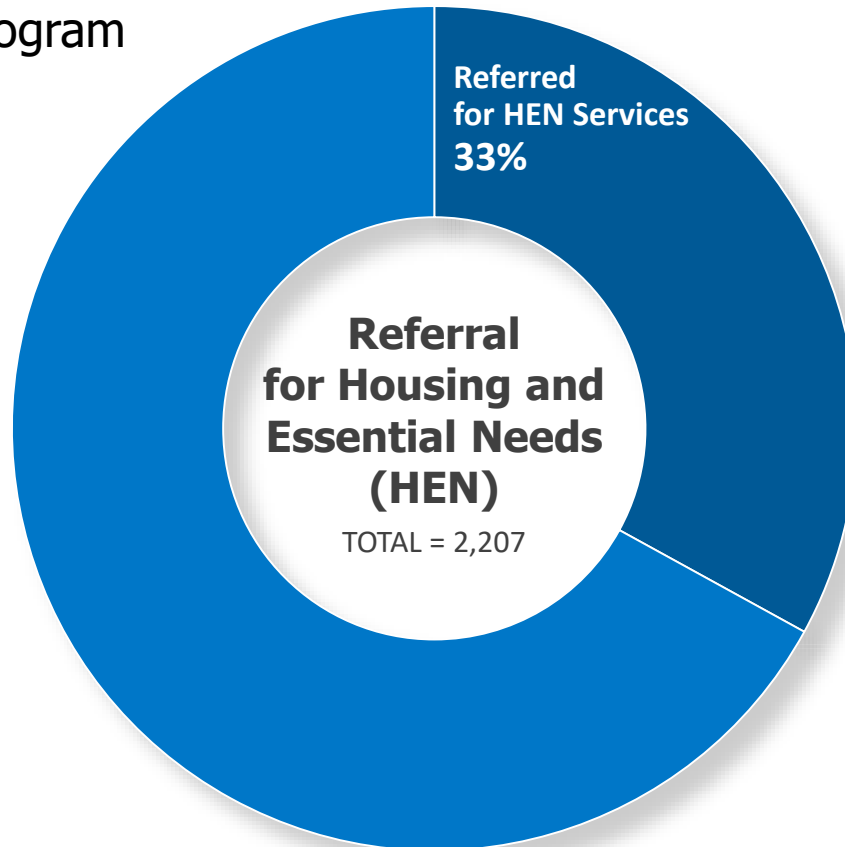
Chronic Homelessness



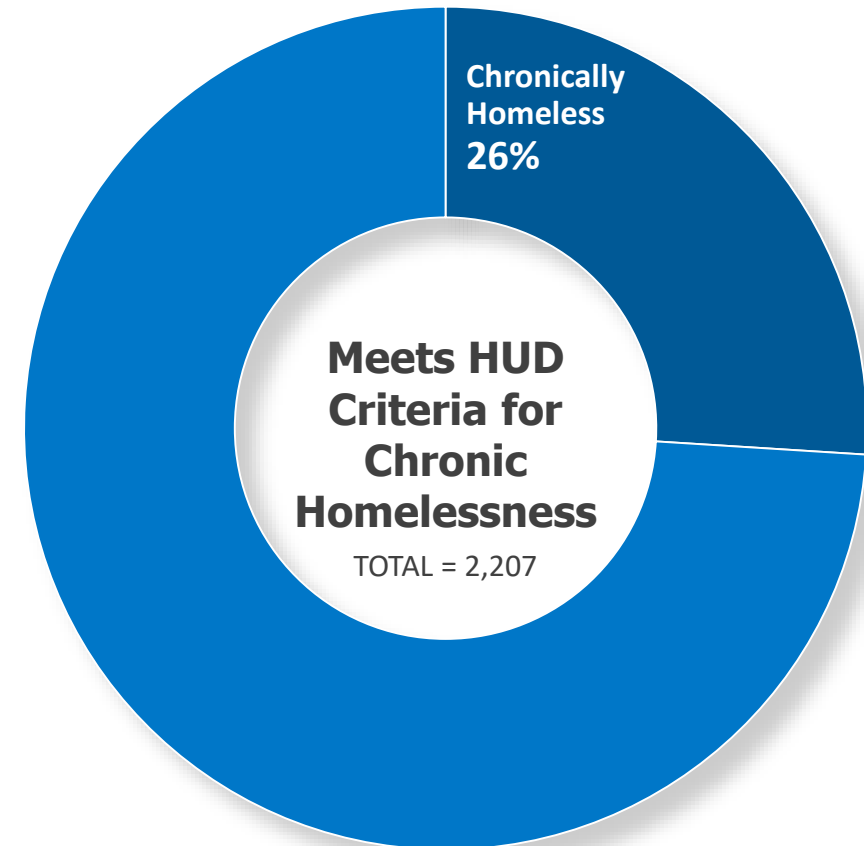
As of April 2019

Foundational Community Supports: **Supportive Housing** clients (April 2019)

Other Housing
Assistance Program
Eligibility

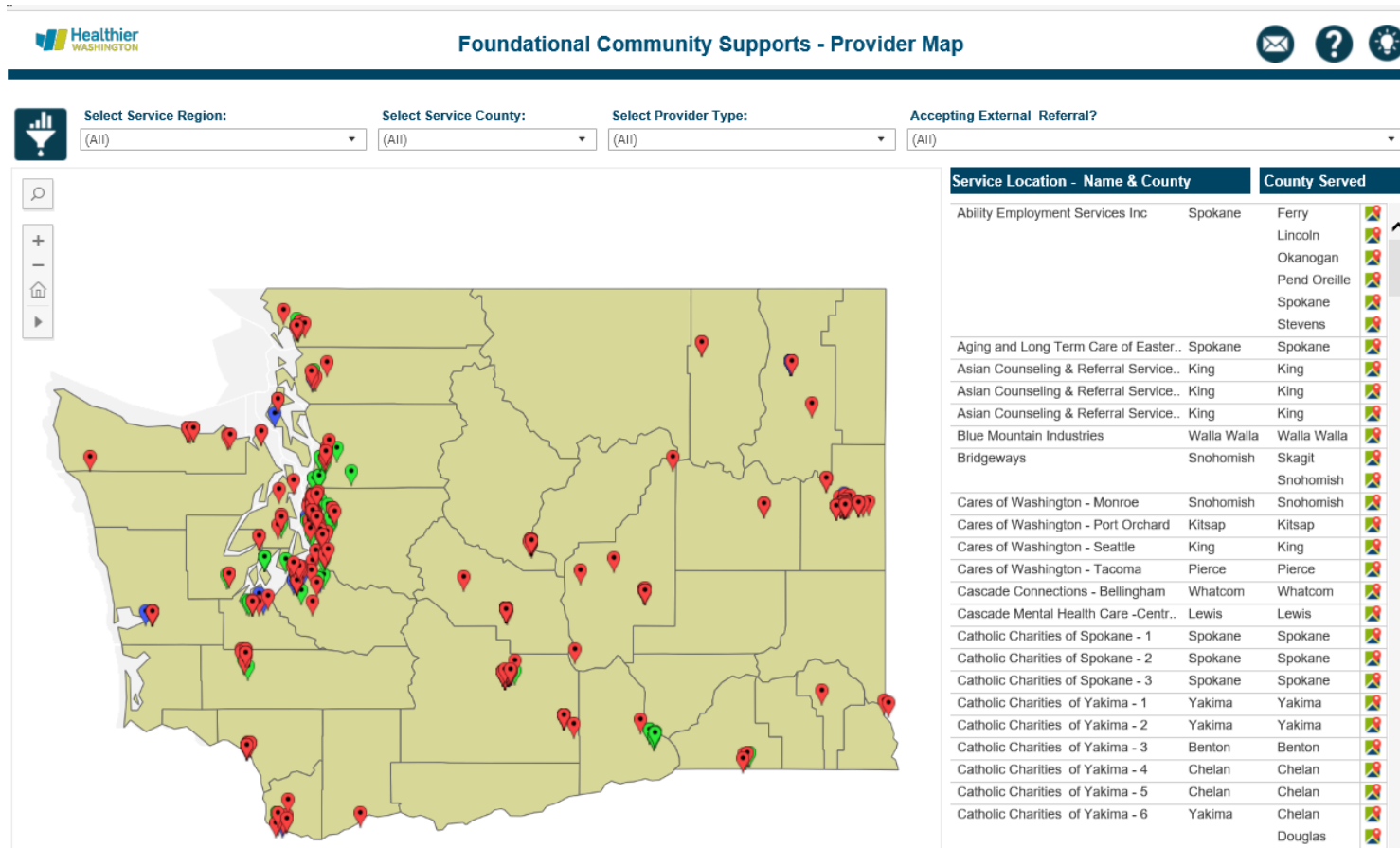


Chronic Homelessness



As of February 27, 2019

Provider Network



http://hcatableau/#/site/POLICY-ARM/views/FCSPProviderMap_0/Dashboard?.iid=1

Housing and Employment Resources 101

Housing = Four legs of the stool

O&M:

Consolidated Homeless Grant

Subsidies:

HEN

Section 8 Vouchers

NED Vouchers

TBRA

HOME

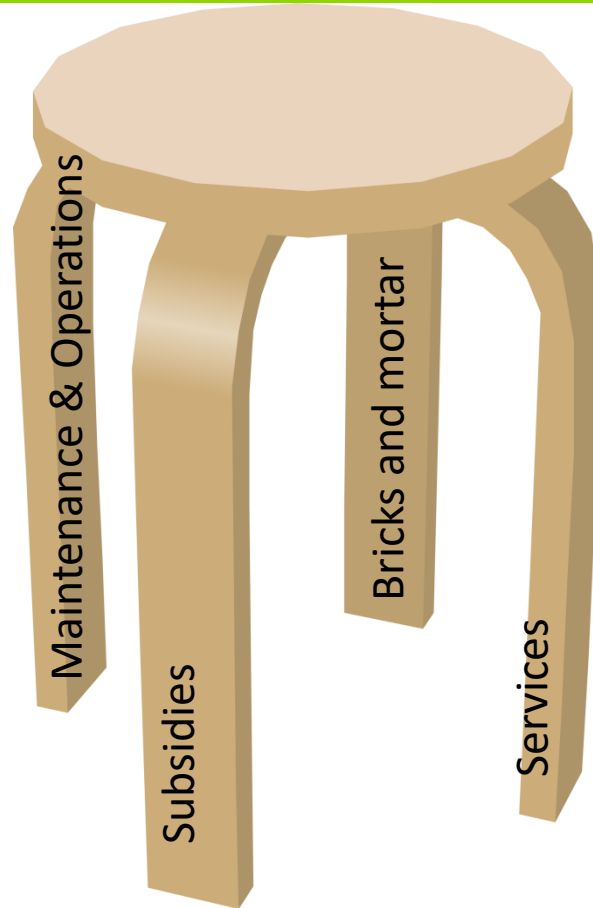
Consolidated Homeless Grant

HARPS

VASH Vouchers

Deed Recording Fees

1406 Local Tax



Bricks and mortar:

Housing Trust Fund

WA Youth & Families Fund

Tax Credits

PHAs

USDA rural development grants

Services:

Shelter + Care

FCS – supportive housing services

Employment Resources



Apprenticeships
Job Corp

WorkSource

- Workforce Innovation Opportunities Act
- Senior Employment Services
- Bonding Program

TANF

- WorkFirst
- Community Jobs

HUD Self Sufficiency programs

?

Division of Vocational Rehabilitation

- Supported Employment
- Community Based Assessments

Getting Ready for SH/SE services

- ▶ Chronic Homeless Policy Academy Strategic Plan & Olmstead Policy Academy Strategic Plan – many of these strategies are a result of the plans
- ▶ WLIHA Medicaid White Paper and Medicaid Academies - <http://wliha.org/conference/pre-conference-medicaid-training> and <http://wliha.org/medicaid-benefit-resources>
- ▶ WLIHA Decriminalizing homelessness toolkit - <http://wliha.org/toolkit>
- ▶ Changed the WACs to include SH & SE certification for both MH & CD licensed agencies - <http://apps.leg.wa.gov/WAC/default.aspx?cite=388-877A> and <http://apps.leg.wa.gov/WAC/default.aspx?cite=388-877B>

Getting Ready for SH/SE services

- ▶ Tiny Houses feasibility study – which prompted larger study (<http://www.commerce.wa.gov/wp-content/uploads/2017/12/hau-sach-tiny-shelters-report-12-14-2017.pdf>)
- ▶ Analysis of CE Assessment tools across the state
- ▶ Developed a Resource Guide on Housing replacing the archived PDF version - <http://supportedhousing.pbworks.com/w/file/115082530/Housing%20Resource%20Guide%209-30-16.xlsx>
- ▶ Discharge Planners Toolkit - Draft

Getting Ready for SH/SE services

- ▶ Pathways to Employment – Added modules/information - [https://fortress.wa.gov/dshs/pathways/\(S\(iwrxj1wq1budtgfh2el2ll5d\)\)/p2emain.aspx](https://fortress.wa.gov/dshs/pathways/(S(iwrxj1wq1budtgfh2el2ll5d))/p2emain.aspx)
- ▶ Pathways to Housing - [http://pathwaystohousing.wa.gov/\(S\(53o22vjdqvh3f1nyidxqfadv\)\)/P2HMain.aspx](http://pathwaystohousing.wa.gov/(S(53o22vjdqvh3f1nyidxqfadv))/P2HMain.aspx)
- ▶ SH Wiki - <http://supportedhousing.pbworks.com/w/page/64124434/FrontPage>
- ▶ SE Wiki - <http://mhempcon.pbworks.com/w/page/49334971/FrontPage>
- ▶ IPS International Learning Community – 2015 <https://ipsworks.org/index.php/ips-international-learning-community/>

Getting Ready for SH/SE services

- ▶ Guide for documenting SH/SE with a Medicaid lens
<https://www.hca.wa.gov/assets/billers-and-providers/medical-necessity-documentation-guide.pdf>
- ▶ Learning Community approach to continuous quality improvement
SH/SE fidelity – see Trainers for more information
- ▶ HARPS Subsidies for individuals exiting/at risk of entering inpatient BH settings
- ▶ Dept. of Commerce long-term subsidies for individuals exiting/at risk of entering inpatient BH settings

Getting Ready for SH/SE services

▶ Peer Workforce development:

- ▶ SH 4-part Continuing Education Curriculum - <https://bhwc-training-center.myshopify.com/collections/continuing-education/products/advanced-peer-training-permanent-supportive-housing>
- ▶ SE 5-part Continuing (2 modules completed thus far) [https://fortress.wa.gov/dshs/pathways/\(S\(iwrxj1wq1budtgfh2el2ll5d\)\)/p2eOEPC.aspx](https://fortress.wa.gov/dshs/pathways/(S(iwrxj1wq1budtgfh2el2ll5d))/p2eOEPC.aspx)

▶ Great Minds at Work – Anti-stigma Campaign directed towards Employers & Brochures for agencies: <https://greatmindsatwork.org/>

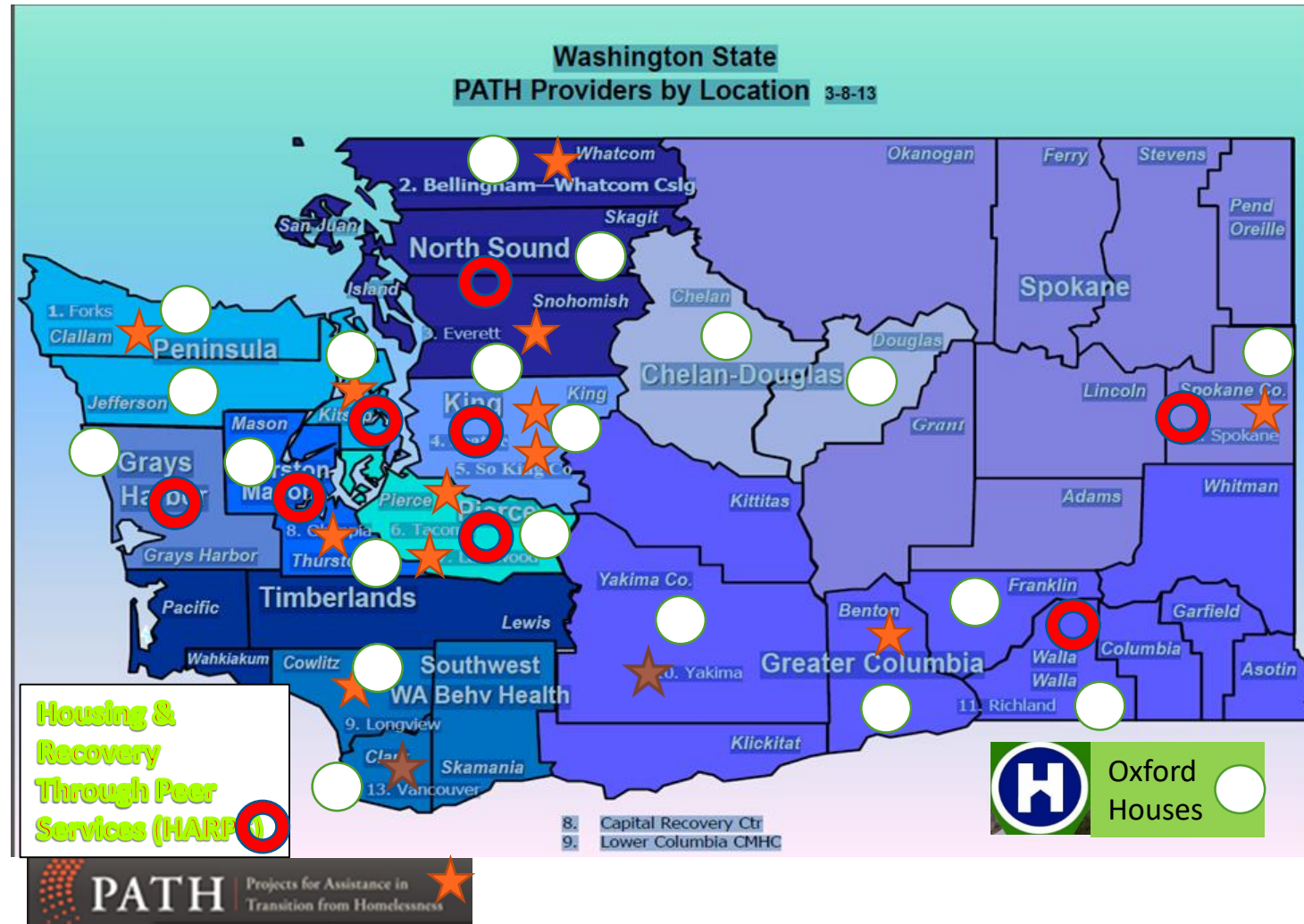
Getting Ready for SH/SE services

- ▶ Photovoice Housing: <http://wabridges.weebly.com/>
- ▶ BEST photovoice: <https://bestphotovoice.weebly.com/>
- ▶ 2016 & 2018 Great Minds at Work Employment Conference
- ▶ Monthly Housing webinars
- ▶ Monthly Employment webinars
- ▶ Monthly Job Development Learning Community
- ▶ Housing Specialist training

Getting Ready for SH/SE services

Coordination between projects:

- ▶ Housing and recovery through Peer Services (HARPS) -
<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Fact%20Sheets/HARPS.pdf> See matrix handout
- ▶ Peer Bridgers
- ▶ Projects to assist in the transition from homelessness (PATH) -
<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Fact%20Sheets/PATH.pdf>
- ▶ State Targeted Response Grant Peer Pathfinders



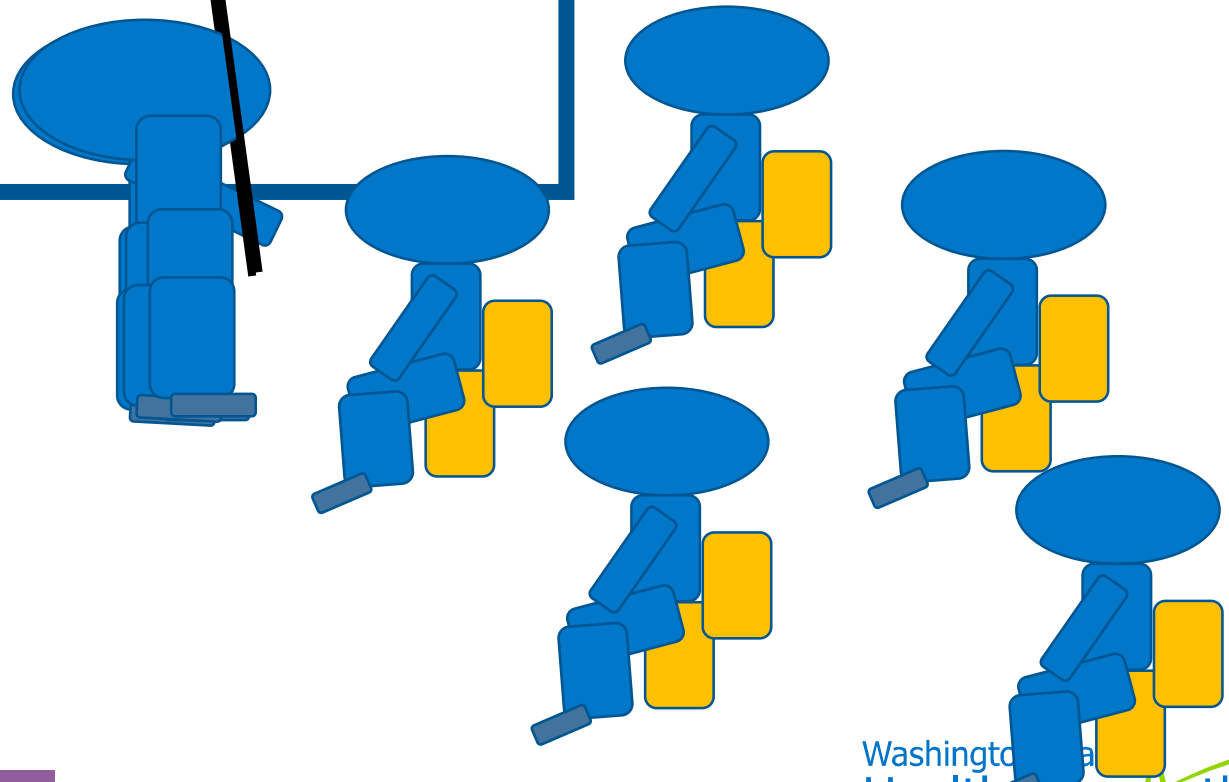
Housing and Recovery through Peer Services (HARPS)

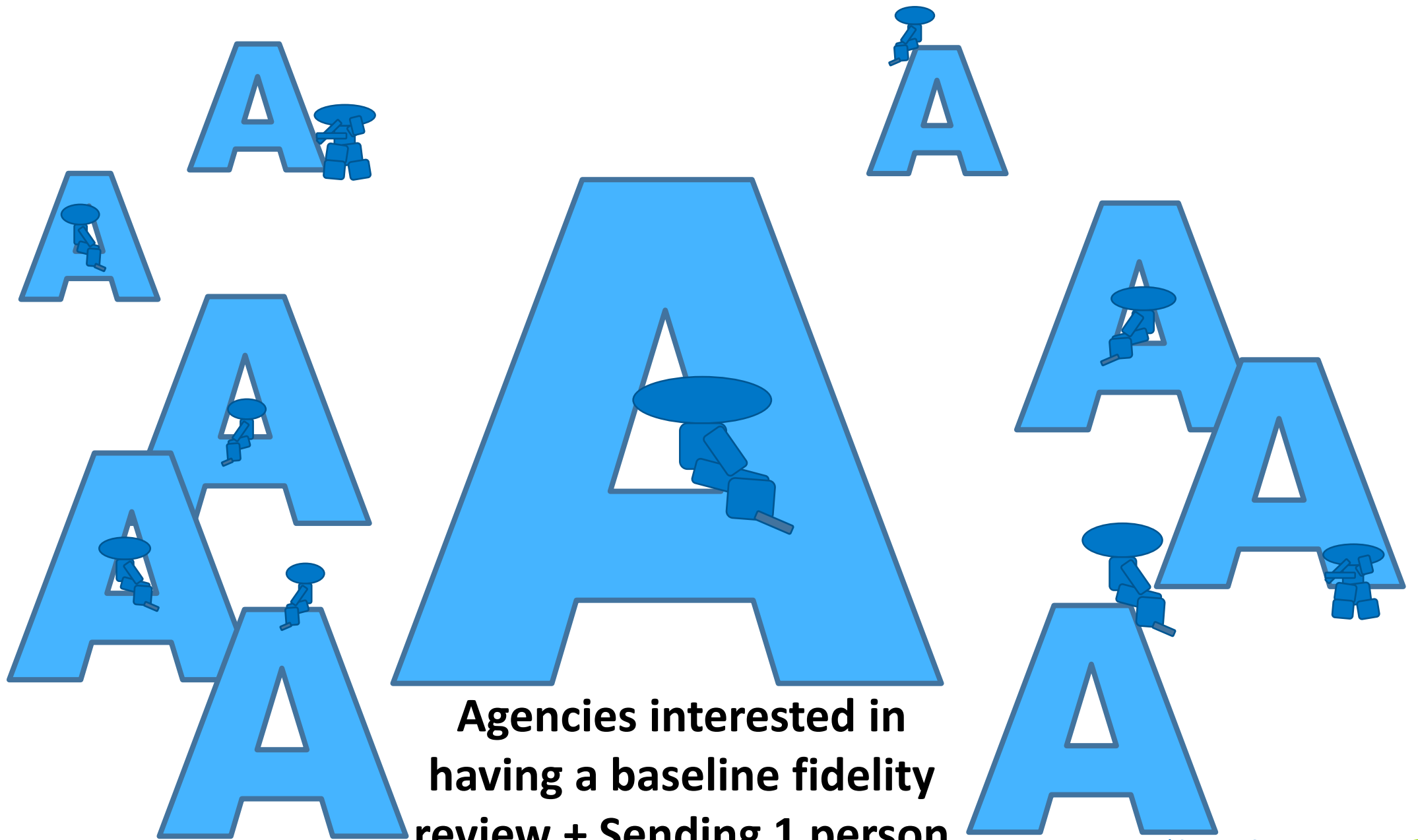


- ▶ Subsidies to obtain housing (security deposits, rent, background screenings, etc.)
 - ▶ Estimated \$500 per person for up to 3 months.
- ▶ Supportive Housing Services, including peer support, to maintain housing
 - ▶ Housing Transition Services i.e. Landlord outreach etc.
 - ▶ Individual Housing & Tenancy Sustain Services i.e. Being a good tenant
 - ▶ Housing Related Collaborative Activities i.e. Developing a stronger relationship with COC


Learning Collaborative Fidelity Review Process

Fidelity Reviewer Training

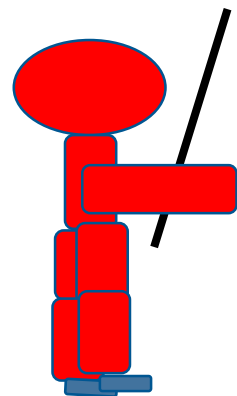




**Agencies interested in
having a baseline fidelity
review + Sending 1 person
on a Fidelity Review**

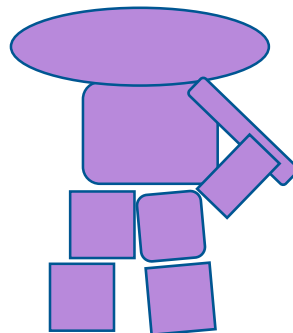
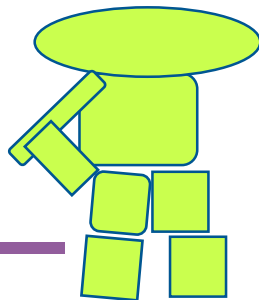
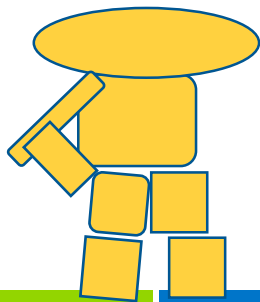
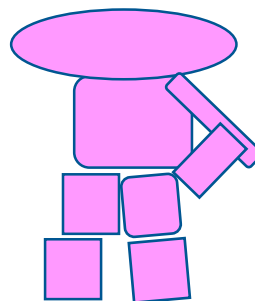
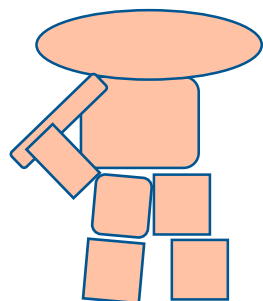
A decorative graphic featuring several large, stylized capital letters 'A' in various colors (orange, purple, yellow, pink) arranged in a circular pattern around the central text. Small, colorful stick figures are standing on top of or next to the letters, appearing to be in conversation or working together. The background is white, and the overall style is clean and modern.

**Agencies interested in
sending staff to be part
of a fidelity review team**



SH/SE Trainer

HOST Agency



We're here for you

Amerigroup TPA

FCSTPA@Amerigroup.com

Phone: 844.451.2828

Fax: 844.470.8859

More information is available online:

Amerigroup FCS Provider site:

<https://providers.amerigroup.com/pages/washington-foundational-community-supports.aspx>

Amerigroup FCS Client Site:

<https://www.myamerigroup.com/washington-fcs/home.html>





Questions?

Melodie Pazolt
melodie.pazolt@hca.wa.gov
360-725-0487