Lewis County Drug Court

Alumni Association

Chehalis

Welcome

□ Why Have an Alumni Group? Getting Started & Maintaining Engagement □ The Foundation's Role Benefits of Alumni **Givebacks** Events □ Alumni in Court Alumni Retreat □ The Future of our Group **Questions & Answers**

Community recognition and support for the Drug Court program



Foundation members, Commissioner & Mayor are major supporters of our Drug Court.





Alumni Tabby awards Brandy & Maranda their hoodie upon joining the Alumni group!



It's not just for the sweatshirt...

- Promote Program
- Encourage Participants
- Plan Events
- Giveback/Service Work
- Part of On-going Plan
- Active in all Stages
- Reach Out
- Promote Sober Living
 - Recovery
 - Mentoring
 - Fellowship

You are one decision away from a totally different life.

WHY?

BECAUSE WE'VE DONE IT! We

know how hard it is but also know the rewards and the way Drug Court can change your life! Maintain our own recovery! **But we love our sweatshirts!**

How We Got Started

- Disclaimer—this was before our time.
- Seeing Graduates in the field morphed into a need for continued support.
- Treatment Provider supported the idea and held Alumni Meetings.
- The initial goal was to mentor current participants.
- Food is and always has been part of the meeting.

But we have evolved into so much more....

Alumni Mission

To provide a support system for Drug **Court participants by promoting recovery** and encouraging positive, healthy lifestyle changes and choices. We come together to support the program by planning events and activities that keep the participants and the community involved with Drug Court.



Engagement is key:

- 1. Don't just have a meeting to have a meeting—PURPOSE.
- 2. Every meeting prepares for an event and plans for improvement.
- 3. Current Phase III participants must attend monthly meeting.
- 4. Have a consistent presence beyond scheduled meetings. Court, Eugenia Center, NA/AA meetings, Drug Court housing, etc.
- 5. Ownership in the program.
- 6. COMMUNICATION- frequent
- 7. Sharing our message through an online presence.
- 8. Help with Drug Court houses!

In order to have continued success we must:

Build Meaningful Relationships





MAKE IT FUN!

Lewis County Drug Court Foundation

Supports Alumni Association



Include and Encourage



Graduate Dina, receives her "word" from **Foundation** member and sign maker, Bob.

Alumni shows appreciation to Bob.



Sustainability

- Nonprofit Status
- Place for community to donate.
- Financial Safekeeping
- Manages appropriate spending.



Where does the Money come from?

- -Alumni Efforts!
- -Community
- -5K
- -Christmas Party
- -Fundraising

What do we spend money on?

- -Investing in Events
- -Special recognition plaques
- -Retreat
- -Being here today!

Goal – funding is there to support housing and other barriers participants have. Go big!



Benefits

Alumni can do so much more than the Drug Court Team can alone.

Drug Court Give Backs What's a giveback? As part of our recovery we try to clean up our wreckage & while we might not be able to help all those we hurt...WE can help someone's present and future. We call that a "Giveback."

Alumni supports Give Backs •Community involvement

Opportunity to mentor participants

Teamwork while "paying it forward"

Give back at the Mission







Alumni join Drug Court efforts at a cemetery clean-up --- And get on TV!!





A Give Back for Reliable, who we contract with for housing.





Christmas Lights Giveback







Spring Youth Fair - Giveback









WHY Have Events?

"Learning to have fun again as clean & sober people"

Events and Planning

- Meet monthly and as event nears or needs increase go to bi-weekly or weekly.
- Understanding of when we can and can't attend.
- Respect amongst group.
- Trust each other's commitment.

Annual Christmas Party



-Fundraising Efforts are met by Alumni.

-Raffle is inexpensive and promotes current participants to take part.

-Make decisions through votes and respectfully accept the process.

-Special Presentation Planning, such as 10 year coin, recognition plaque.

-Santa Visits and gifts are purchased for children.

-Promoted through social networking, flyers, and in Court.

Annual BBQ





Community Partnership with Chef, Lee Combs.









BBQ becomes MORE

- Partnership with Chef Combs
- Food, Food, Food
- Supporters SUPPORT
- Volleyball Tourney
- Horseshoe Tourney
- Kids games
- Families relax and bond
- Time with Judge and other team members in a casual setting.



Annual Bowling Event - Friends and Family Welcome and Alumni sells pizza!





2nd Annual 5K

- What we learned -
- Together we can do so much!
- Designation of a leader.
- Assignment of tasks.

- Things to consider...
- Liability Insurance
- City / County Permits
- Venue Safety









Over 250 people attended and all 55 of our participants ran or walked the course!! Grays Harbor Drug Court came & participated!!



Sports and Activities

Supported By-

- The Alumni
- Foundation
- The Program
- Treatment Agency



CURRENT PARTICIPANTS ARE INCLUDED AND ENCOURAGED TO PARTICIPATE!



A lot of time is spent at our local 12-Step Club. Most of our sober support meetings are here and it's a great place to hang out.

Alumni come to Court -Receive Coins from Judge -Support Participants -Special Events

Dana Gates was given her **SEVEN year coin in Court** on 10/7/19!



Our very first graduate from 2004, came back for her 15 YEAR coin!!!



Fair, sec & jobs

Alumni also get to recognize others in Court.

This group is presenting the Eugenia Center with a big THANK YOU!

We Recognize Alumni



15 alumni came to Court to hear the program say...

THANK YOU for all you do!!!



Alumni Retreat 2019



Thank You!

If you want any further information, please feel free to reach out to-<u>jan.self@lewiscountywa.gov</u>