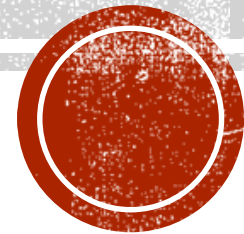


# ROAD TO RECOVERY

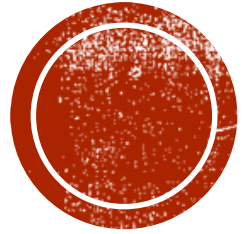
Follow Up to Adult Drug Courts



# INTRODUCTION

- Background
- Program Engagement
- Final Phase
- Graduation (Keep in Touch)
- What Now?





# BACKGROUND

History

# ISLAND COUNTY ADULT DRUG COURT

- Established in 2006 – 56% completion rate
  - Successfully completed: 68
  - Unsuccessful/non-compliant – 30
  - Unsuccessful/new offense – 11
  - Unsuccessful/absconded – 8
  - Voluntarily withdrew – 3
  - Other – 1



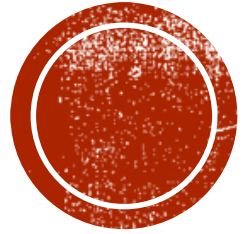
## ■ POTENTIAL BARRIERS/ISSUES:

- Small, rural county
- Just checking the boxes
- “Once I am done, I am done”
- Relapse happens
- Recidivism (maybe/maybe not)

## WHAT'S THE PROBLEM?

**When participants are no longer required to stay in contact with the treatment court (after graduation), how can the treatment court team help the graduate of the program succeed once they leave the program?**





# PROGRAM ENGAGEMENT



# WHAT'S THE CONNECTION?

- Size of court
- Program structure
- Weekly check ins
  - In person vs. phone
- Relationship with ADC team/members
- Rapport (trust)

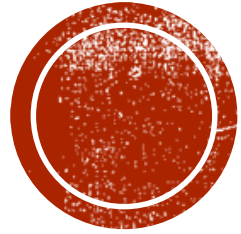


# WE (TREATMENT COURTS) ARE ALL DIFFERENT

- Connect with participants
- Build bonds
- Establish trust
- Open doors
- Engage
- Can be with any team member
- Need to feel comfortable being able to reach out
- Coordinator, case manager, counselor, law enforcement, defense attorney







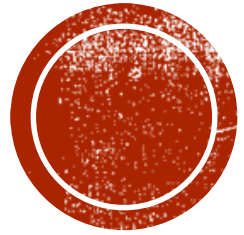
# FINAL PHASE

Recovery Maintenance Journal

# EVIDENCE BASED PRACTICES — INTERACTIVE JOURNALING

- Use of Drug Court Journal (Pilot project November 2019)
- Use of Recovery Maintenance Journal (Pilot project November 2019)





# GRADUATION

Graduation Essay; Exit Interview

# NEARING THE FINISH LINE

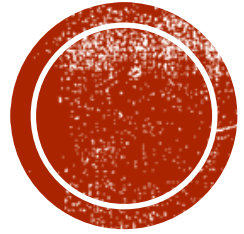
## What to do to wrap up

- Review goals from MRT
- Review Recovery Maintenance Journal
- Graduation Essay

## What happens

- No longer held accountable
- Case(s) dismissed





# WHAT NOW?

Contacts, visits, self help meetings, peers

# MAINTAIN THE CONNECTION

## Follow Up

- Calls or texts within first month
- Follow DCCM timeline for follow up
  - Remind of open door policy
  - Invite to attend court or graduations
  - Provide resources if asked
  - In person visits\*

## Inquire About:

- Housing
- Family/Relationships
- Health
- Work/Education
- Recovery/Substance Use
- Meetings
- Anything specific to individual



# CONTACT INFORMATION

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